

Liberty Relays
Sponsored by NWGS
Liberty-Benton High School
Thursday April 2, 2015 (Sat. April 4- Rain Date)

Official Date: Thursday April 2, 2015

Rain Date: Saturday April 4, 2015

Team Rosters & Entry Forms: Baumspage

DUE TUES. MARCH 31 5:00 P.M.

On-track relay teams should be filled out on the cards provided at meet and turned in at the bullpen when relay teams check-in.

Questions ? Please direct to:

Jack Quisno

School: (419)424-5351

Cell: (567)525-0574: May call thru 12:00 Midnight

OR

Nate Irwin

L.-B. Ath. Dept.: (419)422-8721

Time Schedule:

Enclosed-Boys Pole Vault will begin at 4:00(followed by the girls);
Remainder of Field Events will begin at 4:30.

The 4 x 1600 Rly at 5:00 p.m. with remainder of
running events starting at 6:15 p.m. (Girls event
first/followed by boys event)

Coach's Meeting:

Any meet day questions should be directed to Jack Quisno.

Awards:

Top 2 Teams in each event will receive medals.

Places 3-6 will receive ribbons.

Top 2 boys teams and top 2 girls teams will receive a Champion and
Runner-up trophy.

Scoring:

Top six score; 10-8-6-4-2-1

Entry Fee:

\$125.00 If it hasn't been mailed, please forward to:

Liberty-Benton Athletic Department
9190 C.R. 9
Findlay, OH 45840

Bus Parking:

Southern-most section of Parking Area. (Opposite side of the
parking lot from the school.)

Camp Sites:

May be set-up anywhere near respective bus or within the athletic

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complex. Please ask your athletes to remain off of the football field and out of the school.

- Results:** May be picked-up in press box within 20 min. after the conclusion of the final event. They will also be e-mailed Sunday, April 7.
- Concessions:** Sandwiches, Pizza and snacks will be available at the concession stand located at the east side of the track. T-shirts will be sold at the concession stand.
- Facilities:** We have a eight-lane all-weather track. The pole vault pit splits two long jump runways & pits are located behind the visitors stands at the north end. The shot and discus rings are located at the west side of the stadium near the scoreboard. High jump apron is located on the infield(scoreboard side). We wish you limit spike size to 1/4" with 1/8" being the preferred size.
- Implement Check-in:** Throwing implements will be checked-in at the weight room (building at Northeast corner of athletic facility. Coaches should sign in vaulters at the site.
- Pole Vault:** Boys competition will be run first with Girls following. Boys will start competition at 8-0 and will continue upward in 1' increments until 10-0, than 6" thereafter until 2 competitors remain. Girls start at 6-0 and going up 1' to 8-0, than 6" thereafter until 2 competitors remain.
- If a team's third vaulter fails to make starting height the accumulated height of those who did clear will be the schools height for the competition. Due to the lighting we will consider using a floating bar.
- Shot Put:** Girls/Boys follow. Four attempts.
- Discus:** Boys/Girls follow. Four attempts.
- Long Jump:** Open pit: Boys:4:30-5:15 p.m. Three attempts. 30 min. "rewarm" for girls. Girls: 5:45-6:45 p.m.
- High Jump:** Simultaneously. Girls start at 4'00"; Boys at 5'00"
- Tug-a-war:** Girls/Boys follow. 1 Representative from each of the 7 schools will be divided into 2, 4 athlete teams. Teams will be drawn by the coaches prior to the start of the meet. Members of the winning team will receive 2 pts. each for their home school.