



Dear coach:

Thank you for accepting our invitation to the Ninth Mayfield Invitational on Friday, May 10th 2013. We would like to wish you and your teams the best of luck as the Track and Field season has officially started. This letter has pre-meet information. It includes basic information and instructions for entering your individuals, field events teams and relay teams participants.

This year we are excited to be back after a one year hiatus for the construction of our new stadium and resurfacing of the track with upgrades in every field event venue. As usual we are honoring one of our Alumni, Kim Delfs from the class of 1995.

**Entries must be submitted online using the Online Entry Form at
www.baumspage.com!**

Entry Window Opens: 8:00 AM, Sunday, April 28

Entry Window Closes: 8:00 AM, Wednesday, May 8

Scratches/Substitutions Due: Any time until 10 PM on Thursday, May 9th, by email to gjmeden@gmail.com, or in writing at the meet, bring them to the press box as soon as you arrive at the stadium

Help with Baum's page can be found at:

<http://www.baumspage.com/onlinehelp/onlineinstruct-track.htm>

Please note that when you go to Baum's Page there may be listed 3 blanks for the high jump, pole vault, 100, 400 and 1600. This is incorrect.

Please enter only 2. !!!!! – any third athlete will not be seeded.

You may enter 3 for the hurdles, 3200, long jump, shot and discus

The high jump and pole vault start at 4:00 PM and all of the other field events and running events start at 5:00 PM. The field events will be scored as a team relay as they have been in past years. Your team will be allowed three contestants in the long jump, shot put and the discus; and two in the high jump and pole vault. We intend to run two long jump pits simultaneously and will be an open pit.

You may enter up to two competitors in the boys and girls 100m, 400m, and 1600m races. There will be a maximum of three competitors in the boys and girls 100/110 hurdles, and the 3200m. As expected there is one team per school in the running relay events.

This year we have eliminated the shuttle hurdles due to the new track not having markings for this event. In addition set up time is always slow. To compensate to the hurdlers on your team we are opening up the 100/110 hurdles to 3 competitors per team with 3 prelims with the top 2 places and next best 2 times moving to the final. We have also added a Thrower's Relay. This will be a 4 x 100 relay and competitors should be



chosen from anyone who has participated in the Shot put or Discus in any previous meet. It will be a scored event.

Schedule

4:00 PM Start of Pole Vault –Boys, and High Jump – Girls

4:30 PM Coaches meeting

5:00 PM All other Field events

Pole vault – 2 per school – Boys First – Start at 7’; Girls Second – Start at 6’

High jump – 2 per school – Girls First – Start at 4’3””, then 4’6””, up 2” from there

Boys Second – Start at 5’3””, then 5’6””, up 2” from there

Long jump – 3 per school – there are two runways in the North East end of the stadium

Shot put – 3 per school – Boys first

Discus – 3 per school – Girls first

5:00 PM Running events:

Order of Running Events (Girls First)

Distance Medley (800-400-1200-1600)

Then prelims:

100m/110m hurdles prelims (3 girls/3 boys per school)

The top two places and next two best times advance to the finals

100m prelims (2 girls/2 boys per school)

The top four places will advance to the finals

Dedication to our honored guest

100/110m hurdles finals

100m finals

4 X 800m

400m (2 girls/2 boys per school)(Two heats each, finals)

4 X 100m

1600 m (2 girls/2 boys per school) (One finals)

Sprint medley (100-100-200-400)

Throwers Relay 4 x 100 – yes this scores too!

3200m (3 girls/3 boys per school) (One finals)

4 X 400m

Scoring

Scoring to eight places– 10-8-6-5-4-3-2-1

Awards/Trophies



The team championship & runner up awards for the boys and girls teams will be presented immediately after the last race.

Top three places: Field events will be scored as a team relay (2 or 3 per team), Relays (4 per team), Individual running events (Individuals), to receive medals; four through eight to receive ribbons. These will be given to the Head coaches at the end of the meet, please come to the press box to pick up your team's awards.

Coaches Instructions

All athletes are to report to the bullpen located at the north-west corner of the track when the first call for their event is announced.

The track is an all-weather surface. 1/8" spikes are mandatory. Athletes' shoes will be checked prior to each event.

There will be a concession stand open for your convenience. Stadium restrooms will be open, but locker rooms will not be available. Meet T-shirts will also be sold at the meet.

There will be an admission fee. Programs will be available for no extra charge.

Please bring the usual to the meet: blocks, weights, poles, etc..

After the meet we will be in contact with you by email asking for your post meet comments.

If you have any questions or problems please call or email: Dan Carlson at danielacarlson@gmail.com or Glenn Meden at 440-449-3608 / gjmeden@gmail.com. We look forward to seeing you.....

Sincerely,

Dan Carlson, Meet Director
Glenn Meden, Assistant Meet Director, Director of Volunteers
Mike Petrik, Assistant Meet Director, Clerk of Course