



Dear coach:

Thank you for accepting our invitation to the eleventh Mayfield Invitational on Friday, May 5<sup>th</sup> 2016. We would like to wish you and your teams the best of luck as the Track and Field season has officially started. This letter has pre-meet information. It includes basic information and instructions for entering your individuals, field events teams and relay teams participants.

**Entries must be submitted online using the Online Entry Form at  
[www.baumspage.com](http://www.baumspage.com)!**

Entry Window Opens: **8:00 AM, April 24**

Entry Window Closes: **9:00 AM, Thursday, May 4 (if you miss this deadline your  
team will not be able to compete)**

Scratches/Substitutions Due: **in writing at the meet, bring them to the finish line area  
as soon as you arrive at the stadium**

Help with Baum's page can be found at:

<http://www.baumspage.com/onlinehelp/onlineinstruct-track.htm>

**Please note that when you go to Baum's Page there may be listed 3 blanks for the  
high jump, pole vault, high hurdles, 100, 400 and 1600. This is incorrect.**

**Please enter only 2. !!!!! – any third athlete will not be seeded.**

**You may enter 3 for the 3200, long jump, shot put and discus**

The high jump and pole vault start at 4:00 PM and all of the other field events and running events start at 5:00 PM. The field events will be scored as a team relay as they have been in past years. Your team will be allowed three contestants in the long jump, shot put and the discus; and two in the high jump and pole vault. We intend to run two long jump pits simultaneously and these will be run as an open pit with a time limit of one and a half hours.

You may enter up to two competitors in the boys and girls 100m, high hurdles, 400m, and 1600m races. There will be a maximum of three competitors in the boys and girls 3200m. All races are finals and will be timed using FAT. As expected there is one team per school in the running relay events.

This year there will be shuttle hurdles. It will be run first.



## **Schedule**

4:00 PM Start of Pole Vault –Boys, and High Jump – Girls

4:30 PM Coaches meeting

5:00 PM All other Field events

Pole vault – 2 per school – Boys First – Start at 7'; Girls Second – Start at 6'

High jump – 2 per school – Girls First – Start at 4'3", then 4'6", up 2" from there

Boys Second – Start at 5'3", then 5'6", up 2" from there

Long jump – 3 per school – there are two runways in the North East end of the stadium

Shot put – 3 per school – Boys first

Discus – 3 per school – Girls first

5:00 PM Running events:

### **Order of Running Events** (Girls First)

Shuttle hurdles (three teams per heat)

Distance Medley (800-400-1200-1600)

Dedication to our honored guest

100/110m hurdles finals - (2 girls/2 boys per school)(Two heats each, finals)

100m finals - (2 girls/2 boys per school)(Two heats each, finals)

4 X 800m

400m (2 girls/2 boys per school)(Two heats each, finals)

4 X 100m

1600 m (2 girls/2 boys per school) (One finals)

Sprint medley (100-100-200-400)

3200m (3 girls/3 boys per school) (One finals)

4 X 400m

### Scoring

Scoring to eight places– 10-8-6-5-4-3-2-1

### Awards/Trophies

The team championship & runner up awards for the boys and girls teams will be presented immediately after the last race.

Top three places: Field events will be scored as a team relay (see above), Relays (4 per team), Individual running events (Individuals), to receive medals. These will be given to the Head coaches at the end of the meet, please come to the press box to pick up your team's awards before you leave.



### Coaches Instructions

Please instruct your school bus drivers to park your team's buses in the parking lot by the POOL entrance on the east side of the school to allow for fans to park in the parking lot closest to the stadium.

All athletes in the running events are to report to the bullpen located at the north-west corner of the track when the first call for their event is announced.

There will be a concession stand open for your convenience. Stadium restrooms will be open, but locker rooms will not be available. Meet T-shirts will also be sold at the meet.

There will be an admission fee. Programs will be available for no extra charge.

Please bring the usual to the meet: blocks, weights, poles, etc..

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If you have any questions or problems please call or email: Dan Carlson at [danielacarlson@gmail.com](mailto:danielacarlson@gmail.com) or Glenn Meden at 440-449-3608 / [gjmeden@gmail.com](mailto:gjmeden@gmail.com). We look forward to seeing you.....

Sincerely,

Dan Carlson, Meet Director  
Glenn Meden, Assistant Meet Director, Director of Volunteers  
Mike Petrik, Assistant Meet Director, Clerk of Course  
Kristen Meden, Assistant Meet Director