

# MAC Order of Events

Tuesday, May 7th

4:30 pm Girls Pole Vault  
Boys High Jump  
Girls High Jump  
Boys Long Jump  
Girls Long Jump  
Boys Discus Throw – followed by Girls Discus Throw  
Girls Shot Put – followed by Boys Shot Put

## **RUNNING EVENTS: Events will not start until the time between races has elapsed**

5:30 pm Girls 4 x 800 Relay Final  
Boys 4 x 800 Relay Final

## **PRELIMINARIES**

6:00	Girls 100m Hurdles	2 Heats - Top 1, plus 6 best times
6:10	Boys 110m Hurdles	2 Heats - Top 1, plus 6 best times
6:20	Girls 100m Dash	3 Heats - Top 1, plus 6 best times
6:30	Boys 100m Dash	3 Heats - Top 1, plus 6 best times
6:45	Girls 4 x 200m Relay	FINAL ONLY
6:55	Boys 4 x 200m Relay	Top 8 times to Finals

**Note: 1<sup>st</sup> heat of Girls 4x100 will start no earlier than 15 minutes after the beginning of the Girls 4x200. Boys will follow the same guidelines.**

7:00	Girls 4 x 100m Relay	Top 8 times to Finals
7:10	Boys 4 x 100m Relay	Top 8 times to Finals
7:20	Girls 400m Dash	3 Heats - Top 1, plus 6 best times
7:30	Boys 400m Dash	3 Heats - Top 1, plus 6 best times
7:40	Girls 300m Hurdles	2 Heats - Top 1, plus 6 best times
7:50	Boys 300m Hurdles	2 Heats - Top 1, plus 6 best times
8:00	Girls 200m Dash	3 Heats - Top 1, plus 6 best times
8:10	Boys 200m Dash	3 Heats - Top 1, plus 6 best times

**Note: 1<sup>st</sup> heat of the Girls 4x400 will start no earlier than 20 minutes after the start of the Girls 200 preliminaries. The Boys will follow the same procedure**

8:20	Girls 4 x 400m Relay	Top 8 times to Finals
8:30	Boys 4 x 400m Relay	Top 8 times to Finals

# MAC Order of Events

Friday, May 10<sup>th</sup>

4:30pm Boys Pole Vault  
6:00pm Finals Begin

**Time listed by event indicates the time between the start of the previous event and start of that event.  
Ex. Boys 110 hurdles cannot start until five minutes after start of Girls 100 hurdles**

6:00 Girls 100m Hurdles Final

6:05 Boys 110m Hurdles Final (:05)

6:10 Girls 100m Dash Final (:05)  
Boys 100m Dash Final

6:25 Girls 4 x 200m Relay Final (:15)  
Boys 4 x 200m Relay Final

6:40 Girls 1600m Run Final (:15)  
Boys 1600m Run Final

6:55 Girls 4 x 100m Relay Final (:15)  
Boys 4 x 100m Relay Final

7:10 Girls 400m Dash Final (:15)  
Boys 400m Dash Final

7:20 Girls 300m Hurdles Final (:10)  
Boys 300m Hurdles Final

7:30 Girls 800m Run Final (:10)  
Boys 800m Run Final

7:40 Girls 200m Dash Final (:10)  
Boys 200m Dash Final

7:45 Girls 3200m Run Final (:05)  
Boys 3200m Run Final

8:15 Girls 4 x 400m Relay Final (:30)  
Boys 4 x 400m Relay Final