

MAC Order of Events

Tuesday, May 10th

4:30 pm Girls Pole Vault
Boys High Jump – followed by Girls High Jump
Boys Long Jump
Girls Long Jump
Boys Discus – followed by Girls Discus
Girls Shot - followed by Boys Shot

Events will not start until the time between races has elapsed

5:30 pm Girls 4 x 800 Relay Final
Boys 4 x 800 Relay Final
6:00 Girls 100m Hurdles Preliminaries
6:10 Boys 110m Hurdles Preliminaries
6:20 Girls 100m Dash Preliminaries
6:30 Boys 100m Dash Preliminaries
6:45 Girls 4 x 200m Relay Semifinals
6:55 Boys 4 x 200m Relay Semifinals

Note: 1st heat of Girls 4 x 100 will start no earlier than 15 minutes after the beginning of the Girls 4 x 200. Boys will follow the same guidelines.

7:00 Girls 4 x 100m Relay Semifinals
7:10 Boys 4 x 100m Relay semifinals
7:20 Girls 400m Dash Semifinals
7:30 Boys 400m Dash Semifinals
7:40 Girls 300m Hurdles Semifinals
7:50 Boys 300m Hurdles Semifinals
8:00 Girls 200m Dash Preliminaries
8:10 Boys 200m Dash Preliminaries

Note: 1st heat of the Girls 4 x 400 will start no earlier than 20 minutes after the start of the Girls 200 preliminaries. The Boys will follow the same procedure

8:20 Girls 4 x 400m Relay Semifinals
8:30 Boys 4 x 400m Relay Semifinals

Friday, May 13th

5:00pm

Boys Pole Vault

6:00pm

Time listed by event indicates the time between the start of the previous event and start of that event. Ex. Boys 110 hurdles cannot start until five minutes after start of Girls 100 hurdles

Girls 100m Hurdles Final
Boys 110m Hurdles Final (:05)
Girls 100m Dash Final (:05)
Boys 100m Dash Final
Girls 4 x 200m Relay Final (:15)
Boys 4 x 200m Relay Final
Girls 1600m Run Final (:15)
Boys 1600m Run Final
Girls 4 x 100m Relay Final (:15)
Boys 4 x 100m Relay Final
Girls 400m Dash Final (:15)
Boys 400m Dash Final
Girls 300m Hurdles Final (:10)
Boys 300m Hurdles Final
Girls 800m Run Final (:10)
Boys 800m Run Final
Girls 200m Dash Final (:10)
Boys 200m Dash Final
Girls 3200m Run Final (:05)
Boys 3200m Run Final
Girls 4 x 400m Relay Final (30)
Boys 4 x 400m Relay Final