

MOAC TRACK & FIELD FINALS

4:30 BOYS DISCUS GIRLS SHOT PUT
BOYS LONG JUMP GIRLS HIGH JUMP
BOYS POLE VAULT

5:15 GIRLS 4 X 800 METER RELAY
BOYS 4 X 800 METER RELAY

MOAC TRACK SEMI-FINALS

5:50 GIRLS 100 METER HURDLES (4 HEATS)
BOYS 110 METER HURDLES (4 HEATS)

6:05 GIRLS 100 METER DASH (4 HEATS)
BOYS 100 METER DASH (4 HEATS)

10 MINUTE REST PERIOD

6:25 GIRLS 400 METER DASH (3 HEATS)
BOYS 400 METER DASH (3 HEATS)

6:50 GIRLS 300 METER HURDLES (3 HEATS)
BOYS 300 METER HURDLES (3 HEATS)

7:05 GIRLS 200 METER DASH (4 HEATS)
BOYS 200 METER DASH (4 HEATS)

IN THE SEMI-FINALS OF THE GIRLS 100 M HURDLES, 100 M DASH, 200 M DASH AND THE BOYS 110 M HURDLES, 100 M DASH, AND 200 M DASH, **THE TOP 2 FINISHERS** IN EACH HEAT WILL ADVANCE TO THE FINALS.

IN THE SEMI-FINALS OF THE 400 M DASH AND THE 300 M HURDLES FOR BOTH BOYS AND GIRLS **THE TOP 8 TIMES** WILL ADVANCE TO THE FINALS.

TIME SCHEDULE FOR THE SEMI-FINALS IS TENTATIVE