

MOAC TRACK & FIELD FINALS

- 4:30 NATIONAL ANTHEM**
- 4:35** GIRLS 100 METER HURDLES- BLUE then RED
BOYS 110 METER HURDLES- BLUE then RED
- 4:45** GIRLS 100 METER DASH- BLUE then RED
BOYS 100 METER DASH- BLUE then RED
- 5:00** GIRLS 4 X 200 METER RELAY- BLUE then RED
BOYS 4 X 200 METER RELAY- BLUE then RED
- 5:15** GIRLS 1600 METER RUN- BLUE then RED
BOYS 1600 METER RUN- BLUE then RED
- 6:00** GIRLS 4 X 100 METER RELAY- BLUE then RED
BOYS 4 X 100 METER RELAY- BLUE then RED
- 6:15** GIRLS 400 METER DASH- BLUE then RED
BOYS 400 METER DASH- BLUE then RED
- 6:35** GIRLS 300 METER HURDLES- BLUE then RED
BOYS 300 METER HURDLES- BLUE then RED
- 6:55** GIRLS 800 METER RUN- BLUE then RED
BOYS 800 METER RUN- BLUE then RED
- 7:15** GIRLS 200 METER DASH- BLUE then RED
BOYS 200 METER DASH- BLUE then RED
- 7:30** GIRLS 3200 METER RUN – BLUE
GIRLS 3200 METER RUN - RED
BOYS 3200 METER RUN – BLUE
BOYS 3200 METER RUN - RED
- 8:25** GIRLS 4 X 400 METER RELAY- BLUE then RED
BOYS 4 X 400 METER RELAY- BLUE then RED
- 8:45** PRESENTATION OF CHAMPIONSHIP TROPHIES

TIME SCHEDULE IS TENTATIVE, EACH EVENT WILL FOLLOW WITHOUT DELAY