

2022 MOCAL Track & Field Championships Order of Events

5:00 PM Coaches pick up packets at rear gate entrance
 5:15 PM Coaches' Meeting
 5:30 PM All field events begin
 LONG JUMP - MS boys & girls - open pit 5:30-6:15
 HS boys & girls - open pit 6:15- 7:00
 DISCUS - boys HS, MS; then girls HS, MS
 SHOT PUT - girls HS, MS; then boys HS, MS

6:00 PM	MS Girls & Boys 4x800 Relay
(Natl. Anthem)	HS Girls & Boys 4x800 Relay
	MS Girls 100 Hurdles - 30"
	HS Girls 100 Hurdles - 33"
	MS Boys 110 Hurdles - 36"
	HS Boys 110 Hurdles - 39"
	MS Girls 100 Dash
	MS Boys 100 Dash
	HS Girls 100 Dash
	HS Boys 100 Dash
	MS Girls & Boys 4x200 Relay
	HS Girls & Boys 4x200 Relay
	MS Girls & Boys 1600 Run
	HS Girls & Boys 1600 Run
	HS Sr Recognition-Athletes/parents report to lane 2 in front of stands
	MS Girls & Boys 4x100 Relay
	HS Girls & Boys 4x100 Relay
	MS Girls 400 Dash
	MS Boys 400 Dash
	HS Girls 400 Dash
	HS Boys 400 Dash
	MS Girls 200 Hurdles - 30"
	MS Boys 200 Hurdles - 30"
	HS Girls 300 Hurdles - 30"
	HS Boys 300 Hurdles - 36"
	MS Girls 800 Run
	MS Boys 800 Run
	HS Girls 800 Run
	HS Boys 800 Run
	MS Girls 200 Dash
	MS Boys 200 Dash
	HS Girls 200 Dash
	HS Boys 200 Dash
	HS Girls & Boys 3200 Run
	MS Girls & Boys 4x400 Relay
	HS Girls & Boys 4x400 Relay