



Northern Buckeye Conference

High School Track and Field Championships

Eastwood High School, Friday, May 11, 2012

4900 Sugar Ridge Road, Pemberville, OH 43450
Phone: 419-833-3611 Fax: 419-833-6014

Meet manager: Richard Morgan, phone: 419-601-1976
email: rmorgan@eastwoodschoools.org

- Teams:** Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted.
- Meeting:** There will be a short coaches' meeting about 9:15 in the garage under the press box. Listen for the call for this over the PA.
- Prelims:** In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times, keeping teammates in separate heats. **The top 4 places from each heat will advance to the finals.** In the 300 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Field Events:** In the throws and the long jump, there will be three attempts, then the top 9 will go to finals for three more attempts. The best effort of the six attempts will be used to determine place. Please use your own implements. Make sure you have them weighed in the garage by the pole vault.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Elmwood, Fostoria
400 m relay zone 2: Genoa, Otsego
400 m relay zone 3: Rossford, Woodmore
800 m relay zone: Eastwood, Lake
- Heights:** We will use the following starting heights: Girls HJ 4'2", Boys HJ 5'4", Girls PV 6', and Boys PV 8'
- Scoring:** We will score 8 places. (10-8-6-5-4-3-2-1)
- Awards:** There will be a team trophy for champion. League certificates will be given for the top 3 places..
- Markings:** Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be posted on baumspace, hopefully before you get home.
- Don't Fret!** We WILL have the hospitality room open on the top floor of the press box!