



# Northern Buckeye Conference

## High School Track and Field Championships

### Woodmore High School, Saturday, May 14, 2016


High  
School  
Track

663 Fremont Street, Elmore, Ohio 43416  
Phone: 419-862-2721

Meet manager: Richard Morgan, phone: 419-601-1976  
email: rmorgan55@gmail.com

- Teams:** Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore
- Entries:** Entries will be done online at [www.baumspage.com](http://www.baumspage.com). The window will open Sunday, April 3 at 8:00 AM, and it will close **at 11:00 AM on Thursday, May 12**. There is no scratch window. We will accept changes up to the beginning of the meet on Saturday, but please try to keep them to a minimum. Please email changes to my email address above. Lane assignments, starting heights, etc., will be posted on baumspage and emailed to each coach Thursday evening.
- Scoring:** We will score 8 places in all events: 10-8-6-5-4-3-2-1
- Workers:** Each school will supply one person to act as a backup timer, plus workers to help with a field event. Field event assignments are on the schedule page. Please email these workers no later than Wednesday, May 11 to Steve Barr at his email address below.
- Facilities:** Please use 1/8 or 1/4 inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.
- Implements:** Please weigh in your implements in the track shed near the finish line upon arrival.
- Sprints:** In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats will be seeded as evenly as possible based on submitted times, while keeping athletes from the same school in different heats. In the 300 M Hurdles and 400 M Dash, athletes will be placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Stuff:** We will have our concession stand open, with t-shirts. Admission is \$6.00 adults, \$4.00 students.
- Schedule:** Please review the attached time schedule for other details.
- Awards:** There will be a team trophy for champion. League certificates will be given for the top 3 places in each event. Awards will be available in the press box after the meet. ***Also, each coach may nominate one of his athletes for athlete of the year. These nominations should be sent to me at the email address above no later than Tuesday, May 12. These nominations will then be voted on at the beginning of the meet on Saturday.*** Also, there will be both a track and a field athlete of the meet voted on that day as well. Girls' coaches nominate and vote for girls, boys' coaches likewise for boys. The vote for these awards will be by the pole vault pit after the 1600 M relay.
- Coaches:** There will be a short coaches' meeting at 9:15 in the press box. There will also be a hospitality room, located in the storage room adjacent to the concession stand, with snacks and drinks for all the coaches.
- Info:** For questions or information, please contact:  
Steve Barr, 419-862-2721, ext. 3110; [sbarr@woodmoreschools.com](mailto:sbarr@woodmoreschools.com); Woodmore AD  
Richard Morgan, [rmorgan55@gmail.com](mailto:rmorgan55@gmail.com); 419-601-1976; Meet Manager

Good Luck,

  
Richard Morgan, Meet Manager



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Saturday, Mar 14, 2016

### Schedule and Information

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#### Field events

- 10:00 AM
- Girls Pole Vault, boys to follow  
**Eastwood** supplies 2 workers
  - Girls High Jump, boys to follow  
Five alive  
**Lake** supplies 2 workers
  - Boys Long Jump, girls to follow  
There will be 3 attempts, then the top 9 jumpers go to finals for 3 more attempts  
Competition will be open pit for one hour, then finals  
**Elmwood** and **Genoa** each supply 2 workers each
  - Boys Shot put, girls to follow  
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts  
**Otsego** and **Fostoria** each supply 2 workers each
  - Girls Discus, boys to follow  
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts  
**Woodmore** and **Rossford** each supply 2 workers each
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#### Semifinals for Running Events

*In the semis, the top 2 runners from each heat plus the next 4 fastest times will advance to the finals.*

- 11:00 AM
- Girls 100 M Hurdles Semis
  - Boys 110 M Hurdles Semis
  - Girls 100 M Dash Semis
  - Boys 100 M Dash Semis
  - Girls 3200 M Relay **Final**
  - Boys 3200 M Relay **Final**
  - Girls 200 M Dash Semis
  - Boys 200 M Dash Semis

Please remember that all heat and lane assignments will be posted to baumspage some time Thursday evening. You will also receive an email with this information. Please check this for starting heights and other information.

#### Finals for Running Events

*This might be pushed back if the semis run late. Actual starting time will be announced.*

- 12:30 PM (approx.)
- Girls 100 M Hurdles Final
  - Boys 110 M Hurdles Final
  - Girls 100 M Dash Final
  - Boys 100 M Dash Final
  - Girls 4 x 200 M Relay
  - Boys 4 x 200 M Relay
  - Girls 1600 M Run
  - Boys 1600 M Run
  - Girls 4 x 100 M Relay
  - Boys 4 x 100 M Relay
  - Girls 400 M Dash (2 heats)
  - Boys 400 M Dash (2 heats)
  - Girls 300 M Hurdles (2 heats)
  - Boys 300 M Hurdles (2 heats)
  - Girls 800 M Run
  - Boys 800 M Run
  - Girls 200 M Dash Final
  - Boys 200 M Dash Final
  - Girls 3200 M Run
  - Boys 3200 M Run
  - Girls 4 x 400 M Relay
  - Boys 4 x 400 M Relay