



Northern Buckeye Conference

High School Track and Field Championships

Eastwood High School, Saturday, May 11, 2019

High
School
Track

4900 Sugar Ridge Road
Phone: (419) 833-3611

Meet manager: Richard Morgan, phone: 419-601-1976
email: rmorgan55@gmail.com

Entries: Entries will be done online at www.baumspage.com. The window will open Monday, April 1 at 8:00 AM, and it will close **at 11:00 AM on Thursday, May 9**. Lane assignments, starting heights, etc., will be posted on baumspage and emailed to each coach Thursday evening. Be aware that once the deadline passes, there can be no additions, only scratches or drop/adds.

Scratches: We will accept changes up to 10:00 AM on Saturday. Please email changes to my email address above. Once the meet begins, we will accept drops, of course. However, no drop/adds will be allowed, except in case of injury. If an athlete drops because of injury, he is then ineligible for any following events. Any changes during the meet must be made at the press box, not at the event or at check-in. The clerk will NOT accept changes.

Scoring: We will score 8 places in all events: 10-8-6-5-4-3-2-1

Workers: Each school will supply workers to help with a field event. Field event assignments are on the schedule page. Please email these workers no later than Wednesday, May 9 to Jeff Hill at his email address below.

Facilities: Please use 1/8 or 1/4 inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

Implements: Please weigh in your implements in the garage near the concession stand upon arrival.

Sprints: In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats will be seeded as evenly as possible based on submitted times. Note that to make even heats, your runners may be in the same heat. The top 2 runners from each heat plus the next 4 fastest times will advance to the finals. In the 300 M Hurdles and 400 M Dash, athletes will be placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.

Stuff: We will have our concession stand open, with t-shirts. Admission is \$6.00 adults, \$4.00 students.

Awards: There will be a team trophy for champion. League certificates will be given for the top 3 places in each event. Awards will be sent to the respective schools.

ATOY: *For NBC Athlete of the Year, each coach may nominate one of his athletes. These nominations must be sent to Jeff Hill at the email below no later than Tuesday, May 7. You will then get the ballot sent back to you, which you will then bring to the meet on Saturday. Coaches are not allowed to vote for their own athletes.*

AOTM: There will be both a track and a field athlete of the meet voted on that day as well. Girls' coaches vote for girls, boys' coaches likewise for boys. The vote for these awards will be by the pole vault pit after the 4 X 400 M relay.

Coaches: There will be a short coaches' meeting at 9:15 in the track garage beneath the press box. There will also be a hospitality room above the press box, with snacks for all coaches.

Info: For questions or information, please contact:
Jeff Hill; jhill@eastwoodschoools.org, 419-651-9857; Eastwood AD
Richard Morgan, rmorgan55@gmail.com; 419-601-1976; Meet Manager

Good Luck,


Richard Morgan, Meet Manager



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Schedule and Information

Field events

- 10:00 AM
- Girls Pole Vault, boys to follow
Eastwood supplies 2 workers
 - Girls High Jump, boys to follow
Five alive
Lake supplies 2 workers
 - Boys Long Jump, girls to follow
There will be 3 attempts, then the top 9 jumpers go to finals for 3 more attempts
Competition will be open pit for one hour, then finals
Elmwood will supply 3 workers for boys and **Genoa** will supply 3 workers for girls
 - Boys Shot put, girls to follow
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts
Otsego will supply 3 workers for boys and **Fostoria** will supply 3 workers for girls
 - Girls Discus, boys to follow
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts
Woodmore will supply 3 workers for boys and **Rossford** will supply 3 workers for girls
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Semifinals for Running Events

In the semis, the top 2 runners from each heat plus the next 4 fastest times will advance to the finals.

- 11:00 AM
- Girls 100 M Hurdles Semis
 - Boys 110 M Hurdles Semis
 - Girls 100 M Dash Semis
 - Boys 100 M Dash Semis
 - Girls 4 X 800 M Relay **Final**
 - Boys 4 X 800 M Relay **Final**
 - Girls 200 M Dash Semis
 - Boys 200 M Dash Semis

Please remember that all heat and lane assignments will be posted to baumspage some time Thursday evening. You will also receive an email with this information. Please check this for starting heights and other information.

Finals for Running Events

This might be pushed back if the semis run late. Actual starting time will be announced.

- 12:30 PM (approx.)
- Girls 100 M Hurdles Final
 - Boys 110 M Hurdles Final
 - Girls 100 M Dash Final
 - Boys 100 M Dash Final
 - Girls 4 x 200 M Relay
 - Boys 4 x 200 M Relay
 - Girls 1600 M Run
 - Boys 1600 M Run
 - Girls 4 x 100 M Relay
 - Boys 4 x 100 M Relay
 - Girls 400 M Dash (2 heats)
 - Boys 400 M Dash (2 heats)
 - Girls 300 M Hurdles (2 heats)
 - Boys 300 M Hurdles (2 heats)
 - Girls 800 M Run
 - Boys 800 M Run
 - Girls 200 M Dash Final
 - Boys 200 M Dash Final
 - Girls 3200 M Run
 - Boys 3200 M Run
 - Girls 4 x 400 M Relay
 - Boys 4 x 400 M Relay