

OVAC TRACK CHAMPIONSHIP 2019 GAMES COMMITTEE

Administrative Procedures, Terms and Conditions

April 29, 30, May 4

Games Committee: Donna Joseph, Adviser; Jenna Coyne, Coach; Shawn Valloric, Official/Coach; Jerry Narcisi, Referee; Jeff Turner, Official; Kelly Rine, Host Site Manager; Tom Rataiczak, Executive Director; Jayson Johnson, Official; Dugan Hill, Coach/Class Rep/Director; Suzanne Allen, Official & Track Committee Member; Bob Stanko, Official/Coach; Rich Skrabak, Official; Dirk Fitch, Official; Ron White, Official

Procedures, Terms and Conditions:

- The meet will be managed and directed under the rules as set forth by the NFHS, WVSSAC, OHSAA and the OVAC.
- There will be no Jury of Appeals – Referee’s decision shall be final. DQs will be communicated (notified) to the athlete by the referee or designated official. A report will be sent to the scoring officials.
- Coaches are reminded to NOT discuss calls with the umpires and officials. Coaches are directed to discuss such matters with the Head Field Judge, Assistant Referee or Referee.
- If a team and/or athlete(s) arrive late to the competition venue, the athlete shall enter the competition/event at the scheduled point in the meet, at the current height or attempt in the field event if the finalists have not been determined. If the school notifies the meet director prior to the beginning of the competition that the team and/or athlete will be late for extenuating circumstances beyond the control of the team and/or athlete, the meet director, in conjunction with the referee, may delay the track and/or field event if the delay does not adversely affect the time schedule and other athletes.
- If his/her coach does not officially scratch an athlete, that event will be considered as one of the four maximum allowed events. Replacements shall be made prior to the noon deadline, however scratches will be accepted at any time prior to the event.
- Equipment:
 - Schools may use their own implements in the shot put and discus events. These implements shall be weighed and measured pursuant to the rules in the Format in order to assure conformance to NFHS rules. Those implements that do not conform will be impounded until the end of the competition or meet.
 - All pole vault poles used for warm-ups and competition shall be inspected at the pole vault venue by the designated registered official before being used for any jumps pursuant to the Format. Any pole found not to comply with NFHS rules must be immediately removed from the competition area. Use of a pole that has not been inspected shall be considered unacceptable conduct and the competitor shall be disqualified from that event.
 - Meet management will supply starting blocks. Athletes wishing to use stand-up blocks must supply their own blocks. The starters will inspect and eliminate the blocks if NFHS specifications are not met, including the spike specification below.
 - The participating school shall provide relay batons meeting NFHS rules.
 - Acceptable spikes shall be no larger than 3/16” (pyramid style) or a maximum of 3/16” showing on recessed designs.
- Heats and lane assignments will be determined immediately after all scratches are made. The Meet Manager/Director or designee will complete assignments with assistance from the Refer-

ee if needed. Advancement in all running events is determined by time. All events having more than one heat shall be seeded according to the NFHS Rule Book.

- The 800 run shall be a two-turn stagger and start. The 1600 and 3200 runs shall be a one-turn stagger and start.
- Relay races:
 - The 4x100m relay and 4x200m relay will be run in lanes for the entire race. [Note: in St. C. the 4x200 exchanges are gray/gray/yellow.]
 - The 4x400m relay will start with a **three-turn stagger**. The first exchange shall be made in the assigned lane. The second runner may break to the inside of the track at the end of his/her first turn. The second and third exchanges will be a “California style” exchange.
 - The 4x800m relay will start with a **two-turn stagger**. The first runner shall remain in their assigned lane for two turns before the break to the inside of the track. All exchanges shall be a “California style” exchange.
 - The Shuttle Hurdle Relay will use the designated scratch line. The outgoing runner is not to leave the start until the incoming runner breaks the plane of the designated scratch line. Numbers 1 & 3 runners will run in lanes 2, 4, 6, 8; numbers 2 & 4 runners will run in lanes 1, 3, 5 & 7.
 - Where the “California” exchange is used, the outgoing runners will be placed across the track, inside the exchange zone, in an order by which his/her incoming teammate/runner enters the straight-of-way. Outgoing runners are not to change positions once the incoming runner enters the straight-of-way.
 - When reporting to the clerk all four (4) members of the relay team must be present at check-in time unless an event conflict exists. Relay teams may not be eligible to run if all four (4) members do not report to the clerk at check-in time. Relay cards must be presented at this time to verify participants
- For the qualifying meets: (1) lapped runners are to remain on the track; (2) coaches are urged to use discretion to remove their athlete if the lapped runner might be embarrassed or delay the meet extensively; (3) After the 4th place qualifier is determined, for the Girls 3200 Run, athletes will be removed after the 16-minute mark and when the athlete arrives at the finish line and for the Boys 3200 Run, this will occur at the 12-minute mark.
- Special numbers may be used for some races.
- Order of Field Events: Refer to Format
- Starting minimum heights are listed in the Format. [Starting heights are subject to change based on entries’ marks and weather conditions.
- Successive heights for high jump is 2” and pole-vault is 6”. During tie-breaker jump-offs the successive heights for HJ is 1” and for PV is 3”.
- Other Field Event regulations:
 - In the discus event, at the qualifying meets, the **first throw will be measured**. The next subsequent throws shall meet a minimum standard mark to be measured.
 - The order of participation will be seeded at the qualifying and championship meets.
 - Twelve (12) or less will be the assignment per flight for the discus, shot put and long jump.
 - The long jump, shot put and discus finals at the championship meet will be split into two (2) flights.
 - Contestants shall have a maximum time of twenty (20) minutes for warm-ups between class competitions.
 - Contestants shall be given a maximum of ten (10) minutes to return to a field event after completion of their running event. Contestants also participating in a running event

shall not leave the field event until the second call. Event judges may alter the order of competition to allow contestants their turn prior to their departure for a running event. It is the contestant's responsibility to notify the event judge of an upcoming running event and "check-out" before leaving the field event.

- Jump-offs for qualifying places in the vertical events are NOT tiebreakers. Those involved in the jump-off shall be allowed a reasonable warm-up time AFTER the competition is completed and before the jump-off competition begins. Considering a tie situation for a qualifying place, if the event judge is able to recognize that there is a tie for the 4th qualifying position, the tied competitors will be given a fourth (4th) tie-breaking attempt at the tied height prior to raising the bar for the remaining qualified competitors.
 - For vertical jumping events, due to time or weather constraints, once 4 qualifiers are determined, meet management may terminate the event(s).
 - Bungee cords may be used in the pole vault and high jump during warm-ups at the height chosen by athlete.
- Coaches' boxes for pole vault, discus, shot put, long jump and high jump will be at the designated areas. Coaching Box passes will be supplied and shall be displayed. Passes shall be returned after the meet or when athletes have completed the specified event.
 - Coaches are NOT permitted inside the perimeter fences, on the track or infield, unless authorized to be in a designated coach's box WITH AN APPROPRIATE PASS.
 - Marking material for relay exchanges and field events: tennis balls, tongue depressors and popsicle sticks. In addition, chalk is permitted on high jump pad and the edge of the pole vault runway. Any marking material placed on the track shall be placed completely within the team's assigned lane and not on any lane line. No chalk permitted on all other surfaces. No tape on all surfaces.
 - For the shuttles, each athlete may use one marker at each exchange and must be placed on the line between the team's assigned lane.
 - Uniform specifications per NFHS rules shall be followed including, but not limited to: (1) any visible garment(s) worn underneath the uniform is considered a foundation garment and is not subject to logo/trademark/reference or color restrictions; (2) All relay members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team. The official should be able to observe that all members are from the same team; (3) when standing erect, the shirt shall make contact with the track shorts, (4) taping or knotting of any part of the uniform is not permitted.
 - Additional uniform specifications per NFHS, WVSSAC, OHSAA and OVAC:
 - For athletes wearing an illegal uniform, when a violation is observed by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition (shall not participate further) and shall be issued a warning that a subsequent violation shall result in a DQ. The referee shall initiate the notification of the violation to the competitor, coach and/or team with notification completed by the meet announcer via the PA system.
 - Headgear – Hats and caps are prohibited. Exceptions: (1) During inclement weather, competitors may wear the Navy Watch-Style cap. The cap shall not have a bill, but may have a knit ball on top or a tassel or tail provided the tassel or tail is no longer than 1/2 the depth or length of the cap. With referee approval, competitors may also wear a headband provided it is designed for the purpose of protecting the head and ears. Tassels, bows, pom-poms or streamers attached to the cap are not permitted; (2) Pole-vaulters are permitted to wear helmets designed for safety. Any exceptions to the use of

headgear for religious purposes MUST BE approved by OHSAA. If in question, the referee will have the final decision regarding whether or not to allow certain types of headgear.

- Hair Control Devices – Hair control devices are now permitted. In addition, Pro-wrap is legal if used to control hair, but not as a headband.
 - Jewelry being worn shall be safe in the judgment of the official. If the jewelry is not safe, the jewelry shall be removed before competition.
 - No removal of any part of the track uniform is permitted, with the exception of shoes, while in the track or field event areas or in any restricted area. Any violation may be cause for disqualification
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- Official FAT (Lynx system) shall be utilized to determine finish. The FAT Operator, Referee, Assistant Referee, and/or (a Co-)Director shall be the only personnel authorized to review a replay.
 - Clerical or scoring errors must be corrected before the track facility is closed on the evening or day of the meet and the meet referee and director(s) exit. Results (order of finish) are final 30 minutes after the last event of the meet and after results are announced.
 - Improper language, improper conduct and unsportsmanlike like conduct will not be tolerated. NFHS rules specifications shall be applied. Coaches and athletes are expected to exhibit good sportsmanship throughout the meet. Coaches shall complete and sign the Conduct Form and present to the Meet Director or designee prior to the start of the meet.
 - Athletes are expected to have proper equipment. Coaches shall verify, by form, that all competitors are equipped in compliance with the NFHS, WVSSAC, OHSAA and the OVAC. Pole-vaulters, to be permitted to compete, shall have proper pole vault certification form available at the meet and present such to the judge.
 - Meet management, as authorized by the Games Committee, shall be the sole designee to provide liquids during designated races. No other individuals, including coaches are authorized to do such.
 - Competitors cell phones and all other electronic devices, footballs, basketballs, soccer balls and the like, radios, video equipment, etc., not permitted on or near the competition areas.

Completed and approved by Games Committee February 24, 2019