

2019 Cal Giffin-OVAC Championship Schedule



Saturday, May 4

FIELD EVENTS

10:00 AM

1st Session

Boys Discus	4 Throws
Girls High Jump	
Boys Long Jump	4 Jumps
Girls Shot Put	4 Throws
Boys Pole Vault	

2nd Session

Girls Discus	4 Throws
Boys High Jump	
Girls Long Jump	4 Jumps
Boys Shot Put	4 Throws
Girls Pole Vault	

RUNNING EVENTS

(Note: Track events shall be Girls followed by Boys)

12:00 PM	4 X 800 Meter Relay
	100/110 Meter High Hurdles
	100 Meter Dash
	4 X 200 Meter Relay
	1600 Meter Run
	4 x 100 Meter Relay
	400 Meter Dash
	300 Meter Low/Intermediate Hurdles
	800 Meter Run
	200 Meter Dash
	3200 Meter Run
	Shuttle Hurdle Relay
	4 x 400 Meter Relay

