

Plymouth High School

TEAMS –Mapleton, St. Paul, Plymouth

ENTERING MARKS – Please enter marks into Baumspage in order to accurately seed the meet

SCRATCHES or CHANGES – Can be made at the finish line with the computer operator

ENTRY DEADLINE – Entries will be made online at www.baumspage.com Entry deadline will be Monday, **April 18** at 7:00 pm

MEET SCHEDULE –

Field Events will begin at 4:30

Running events will begin at 5:00

Meet Information

Spikes – 1/8” spikes only

All events will be clerked at the starting line of that event.

Due to a surveying error the Plymouth track is set up a little different. Instead of having a common finish line for the 100/110 hurdles we have a common starting line and a different finish line for the 110 hurdles. Please make sure that your athletes are aware of this.

Starting Heights – Girls high jump – 3’10” Boys high jump – 4’10”

All runners should report to the home sideline turf prior to the second call. Field events report at the event site.

Relay teams should use tennis balls to designate their starting marks. Chalk or Tennis balls may be used for high jump. Please DO NOT mark on all weather surface with tape.

The 4 x 800, 800, 1600, and 3200 will use a one turn stagger. The 4 x 400 relay will use a three turn stagger.

Long jump, shot put, and discus will have 4 jumps or throws.

Meet results will be available as soon as possible after the meet. Results will be posted to Baumspage within minutes of the meet finishing.

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Once the field events are completed, we want all athletes out of the infield.
Coaches will have access to the infield and field event areas throughout the meet.

A concession stand will be open throughout the meet.

Firelands Conference Admission - **\$6.00 All**