

25th Poland Invitational Order of Events

8:45 Coaches Meeting- South Bandstand

FIELD EVENTS FINALS

9:00 ****Field Events-First Flight**

Girls Discus
Boys Shot Put
Boys Seated Athlete Shot Put
Girls High Jump
Boys Long Jump

****Field Events-Second Flight**

Boys Discus
Girls Shot Put
Boys High Jump
Girls Long Jump
(The second flight will start right after the first)

9:15 Inaugural Girls Don Smaltz 3200 meter run
Inaugural Boys Don Smaltz 3200 Meter Run

RUNNING EVENTS FINALS

10:30 Girls 4 x 800 Meter Relay
Boys 4 x 800 Meter Relay
Girls 100 Meter Hurdles
Boys 110 Meter High Hurdles
Girls 100 Meter Dash
Boys 100 Meter Dash
Boys Seated Athlete Dash
Girls 4 x 200 Meter Relay
Boys 4 x 200 Meter Relay
Girls 1600 Meter Run
Boys 1600 Meter Run
Girls 4 x 100 Meter Relay
Boys 4 x 100 Meter Relay
Girls 400 Meter Dash
Boys 400 Meter Dash
Boys Seated Athlete 400 Meter Dash
Girls 300 Meter Hurdles
Boys 300 Meter Hurdles
Girls 800 Meter Run
Boys 800 Meter Run
Boys Seated Athlete 800 Meter Run
Girls 200 Meter Dash
Boys 200 Meter Dash
Girls 4 x 400 Meter Relay
Boys 4 x 400 Meter Relay

* All running events will be timed finals with the hot heat and sections running last. No time schedule-rolling schedule.

** Shot put and discus will be **4 throws**, no finals. Long Jump will be **4 jumps**, no finals. Long jump will be open pit. Starting height in the high jump will be determined by the games committee.