

15th Poland Invitational Track & Field Meet
Results at neohstrack.com;baumspage.com
Poland Seminary High School

Pol. In. Rec - Records

1	Boys 3200 Meter Run	9:24.50	4/25/1998	Chris Acs - Niles McKinley
2	Girls 3200 Meter Run	10:36.96	4/28/2007	Emily Infeld - Beaumont
3	Boys 400 Meter Dash	48.60	4/29/2000	Chris Bowman - Orrville
4	Girls 400 Meter Dash	56.60	4/24/1999	LaShaunta Moore - Akron Hoban
5	Boys 110 Meter Hurdles	14.00	4/26/1997	Marc Tipton - Niles McKinley
6	Girls 100 Meter Hurdles	14.79	4/25/2009	Nicole Pachol - Howland
7	Boys 100 Meter Dash	10.80	4/26/2008	James Allen(FAT), Pat Tofil (HT) - Yo. East,Lowellville
8	Girls 100 Meter Dash	11.88	4/25/2009	Mahagony Jones - Rhodes
9	Boys 300 Meter Hurdles	38.21	4/26/2008	Rob Jones - Cuyahoga Fal
10	Girls 300 Meter Hurdles	44.77	4/25/2009	Nicole Pachol - Howland
11	Men 200 Meter Dash	21.79	4/29/2006	J'Abneb Provitt - War. Harding
12	Girls 200 Meter Dash	25.24	4/29/2006	Latalia Jones - Chaney
13	Girls 4x800 Meter Relay	9:38.60	4/28/2001	- North Royalton Fascione, Blasko, Gross, Fascione
14	Boys 4x800 Meter Relay	8:03.17	4/26/2008	- Reynoldsburg D Murphy, C Garza, B Humphrey, M Knisley
15	Girls 4x200 Meter Relay	1:43.16	4/26/2008	- Twinsburg M Pickett, T Coghlan, S Eberman, J Smith
16	Boys 4x200 Meter Relay	1:28.51	4/29/2006	- Buchtel M Ferguson, C Eaton, R Peake, A Thomas
17	Boys 1600 Meter Run	4:22.40	4/24/2000	Chris Acs - Niles McKinley
18	Girls 1600 Meter Run	5:00.58	4/28/2007	Emily Infeld - Beaumont
19	Boys 4x100 Meter Relay	42.80	4/29/2006	- Warren G. Harding D Herron, C Rucker, J Provitt, D Lee
20	Girls 4x100 Meter Relay	49.52	4/27/2002	- Glenoak Smith, Walker, Redd and Mann
21	Boys 800 Meter Run	1:57.52	4/26/2008	Mike Knisley - Reynoldsburg
22	Girls 800 Meter Run	2:13.64	4/29/2006	Emily Infeld - Beaumont
23	Boys 4x400 Meter Relay	3:21.50	4/24/2000	Orrville - Orrville C.J. Handwork, B. Gadfield, A. Brown, C. Bowman
24	Girls 4x400 Meter Relay	4:01.85	4/28/2001	- North Royalton Fascione, Blasko, Traegner, Fascione
25	Boys Discus Throw	198-06	4/24/2010	Dustin Brode - Canfield
26	Girls Discus Throw	148-01	4/24/2010	Ali Tolich - Austintown-F
27	Boys Shot Put	67-10.25	4/24/2010	Dustin Brode - Canfield
28	Girls Shot Put	42-05.75	4/24/2010	Joh'Vonnie Mosley - McDonald
29	Boys High Jump	6-10.00	4/25/2009	Jakob Leon - Crestview
30	Girls High Jump	5-06.25	4/29/2006	Ashley Galbraith - Struthers
31	Boys Long Jump	21-01.00	4/30/2005	Michael Gibson - Chaney
32	Girls Long Jump	17-09.00	4/24/2000	Zaliya Harris - Massilon Perry