

2011 16th Poland Invitational Track and Field Classic
Saturday, April 30, 2011- 9:00 AM
Poland Seminary High School

MEET INFORMATION:

1. **Entry Fees:** \$ 110.00 for a single team, \$ 220.00 for both boys and girls teams.
2. Date: April 30, 2011 at 9:15 A.M. **Coaches meeting** at 9:00 AM south band stand.
3. Teams must **register** with John Jeren, Jr. Meet manager 330-360-0223 or email jiggsey1946@aol.com. See website www.neohstrack.com for more meet details.
4. Entry fee must be mailed to Poland Bulldog Track Club, P.O. Box 5296, Poland, OH 44514
Checks are to be payable to: POLAND BULLDOG TRACK CLUB.
5. Entries will be entered online at www.baumspage.com/track See enclosed instruction sheet.
6. **Order of events** will be on a rolling schedule and in accordance with the enclosed sheet.
7. The **starting heights** and **minimum throw lines** for shot and discus will be determined by the Games Committee prior to the start of the meet. Long jump will be conducted using the open pit format. Minimum jump line will be determined by the Games Committee.
8. All events will be timed utilizing **Finish-Lynx and scored by Hy-Tek**. Meet final results will be posted on both www.baumspage.com and www.neohstrack.com No hard copy results will be available after the meet.
9. Scoring will be 8 places as follows: 10-8-6-5-4-3-2-1. Medals will be awarded for the top 3 finishers with ribbons going to places 4-6. MVP for boys and girls running and field events will be determined in sole discretion of meet management for best performance. Iron Bulldog award will be awarded to the boy and girl scoring most total points in the meet. **Medals and ribbons** will be placed in a bag and each coach **MUST** pick up their awards before leaving; they will not be mailed.
10. Relay teams must complete relay cards provided in team packet. Teams must bring their own **starting blocks and batons**.
11. Tents are permitted but in areas specified by meet management. Assignments will be made upon entering the stadium.
12. An **athletic trainer** will be available at the tent on the east finish line.
13. No athletes will be permitted on the football infield at any time.
14. **Seeding for finals and results** will be posted on the back of the west stands after each event.
15. **Hip numbers** will be utilized in all distance races and for finals in sprints and relays.

John A. Jeren, Jr. -Meet Manager