



Rossford Invitational

Rossford High School

Friday, April 9, 2021

Glenwood Athletic Complex, 28720 Lime City Rd. Pburg, OH
Phone: (419) 666-5262

Meet scorer: Richard Morgan, phone: 419-601-1976
email: rmorgan55@gmail.com

Welcome to the 1st annual Rossford Track Invitational. The meet will be held at the Glenwood Athletic Complex on Friday, April 9, 2021. A time schedule is included here.

Teams: There will be 8 teams: Anthony Wayne, Avon Lake, Bowsher, Ottawa Hills, Perrysburg, Port Clinton, Rossford, and Sylvania Southview

Entries: Entries will be done online at www.baumspage.com. The window is already open, and it will close **at 7:00 PM Wednesday, April 7**. If you have any changes after the deadline, please email them to me if possible. We will accept changes Friday, but please try to keep them to a minimum. Lane assignments will be posted on baumspage sometime Wednesday evening or Thursday.

Sprints: In races 400 M or shorter, enter one individual per event. There will be no prelims. Finals only.

Distance: In races 800M or longer, enter two individuals per event. There will be no prelims. Finals only.

Field Events: In both the jumps, you may enter up to 2 individuals. In the throws, you may enter up to 3 individuals. ALL can score. We will NOT contest the Pole Vault.

Relays: Enter one relay per event.

Scoring: We will score 6 places: 10-8-6-4-2-1.

Facilities: We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well. Please use 1/8 or 1/4 inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

Concessions: Our concession stand will be open.

Admission: There will be admission charge of \$7, with a limit of 300 tickets. Presale for tickets will be at <https://rossford.esvbeta.com/PurchaseGameTickets.aspx>

Meeting: There will be a short coaches' meeting at 4:15 near the concession stand for any last-minute changes or instructions.

Info: For questions or information, please contact:
Chris Lucius, 419-340-9189; clucius@rossfordschools.org; Rossford AD
Richard Morgan, rmorgan55@gmail.com; 419-601-1976; Meet scorer

Good Luck,

Richard Morgan, Meet Scorer

Schedule

Coaches' Meeting

4:15 Near the concession stand.

Field events

4:30 PM Boys High Jump (enter up to 2 individuals)
Girls Long Jump (4 attempts, no finals) (enter up to 2 individuals)
Boys Shot put (4 attempts, no finals) (enter up to 3 individuals)
Girls Discus (4 attempts, no finals) (enter up to 3 individuals)

Remaining field events will be run upon completion of the others.
Use your own implements. Weigh-ins will not be necessary.

Running events

5:30 PM Girls 3200 M Relay
Boys 3200 M Relay
Girls 100 M Hurdles
Boys 110 M Hurdles
Girls 100 M Dash
Boys 100 M Dash
Girls 800 M Relay
Boys 800 M Relay
Girls 1600 M Run
Boys 1600 M Run
Girls 400 M Relay
Boys 400 M Relay
Girls 400 M Dash
Boys 400 M Dash
Girls 300 M Hurdles
Boys 300 M Hurdles
Girls 800 M Run
Boys 800 M Run
Girls 200 M Dash
Boys 200 M Dash
Girls 3200M Run
Boys 3200 M Run
Girls 1600 M Relay
Boys 1600 M Relay

Please remember that all heat and lane assignments and starting heights will be posted to baumspage some time Wednesday night or Thursday.