



# Rossford Invitational

Rossford High School

Friday, April 8, 2022

Glenwood Athletic Complex, 28720 Lime City Rd. Pburg, OH  
Phone: (419) 666-5262

Meet scorer: Richard Morgan, phone: 419-601-1976  
email: rmorgan55@gmail.com

Welcome to the 2<sup>nd</sup> annual Rossford Track Invitational. The meet will be held at the Glenwood Athletic Complex on Friday, April 8, 2022. It begins with a coaches' meeting at 4:15 near the concession stand. Field events begin at 4:30. A time schedule is included on the next page.

**Teams:** There will be 8 teams: Anthony Wayne, Avon, Clay, Lake, Ottawa Hills, Perrysburg, Rossford, and Sylvania Southview.

**Entries:** Entries will be done online at [www.baumspage.com](http://www.baumspage.com). The window is already open, and it will close **at 7:00 PM Wednesday, April 6**. If you have any changes after the deadline, please email them to me if possible. We will accept changes Friday, but please try to keep them to a minimum. Lane assignments will be posted on baumspage sometime Wednesday evening or Thursday.

**Sprints:** In races 400 M or shorter, enter one individual per event. There will be no prelims. Finals only.

**Distance:** In races 800M or longer, enter two individuals per event. There will be no prelims. Finals only.

**Field Events:** In both the jumps, you may enter up to 2 individuals. In the throws, you may enter up to 3 individuals. ALL can score. We will NOT contest the Pole Vault.

**Relays:** Enter one relay per event.

**Scoring:** We will score 6 places: 10-8-6-4-2-1.

**Facilities:** We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well. Please use  $\frac{1}{8}$  or  $\frac{1}{4}$  inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

**Concessions:** Our concession stand will be open.

**Admission:** There will be admission charge of \$7 for adults and \$5 for students.

**Meeting:** There will be a short coaches' meeting at 4:15 near the concession stand for any last-minute changes or instructions.

**Info:** For questions or information, please contact:  
Chris Lucius, 419-340-9189; [clucius@rossfordschools.org](mailto:clucius@rossfordschools.org); Rossford AD  
Richard Morgan, [rmorgan55@gmail.com](mailto:rmorgan55@gmail.com); 419-601-1976; Meet scorer

Good Luck,

Richard Morgan, Meet Scorer

## Schedule

### Coaches' Meeting

4:15 Near the concession stand.

### Field events

4:30 PM Boys High Jump (enter up to 2 individuals)  
Girls Long Jump (4 attempts, no finals) (enter up to 2 individuals)  
Boys Shot put (4 attempts, no finals) (enter up to 3 individuals)  
Girls Discus (4 attempts, no finals) (enter up to 3 individuals)

Remaining field events will be run upon completion of the others.  
Use your own implements. Weigh-ins will not be necessary.

### Running events

5:30 PM Girls 3200 M Relay  
Boys 3200 M Relay  
Girls 100 M Hurdles  
Boys 110 M Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 800 M Relay  
Boys 800 M Relay  
Girls 1600 M Run  
Boys 1600 M Run  
Girls 400 M Relay  
Boys 400 M Relay  
Girls 400 M Dash  
Boys 400 M Dash  
Girls 300 M Hurdles  
Boys 300 M Hurdles  
Girls 800 M Run  
Boys 800 M Run  
Girls 200 M Dash  
Boys 200 M Dash  
Girls 3200M Run  
Boys 3200 M Run  
Girls 1600 M Relay  
Boys 1600 M Relay

Please remember that all heat and lane assignments and starting heights will be posted to baumspage some time Wednesday night or Thursday.