

Sandusky Bay Conference Championship Meet

Boys & Girls Track & Field

Schedule & Guidelines 2014

All schools hosting the Conference Track & Field Championship Meet must follow the guidelines Listed below.

Schools: Clyde, Edison, Huron, Margaretta, Oak Harbor, Perkins, Port Clinton, SCCS (St. Mary's).

1. Conference Meet will be ran on Friday's, with Saturday as alternate date do to inclement weather. (Time Schedule for both day's attached)
2. All entries must be submitted through **Baumspage** to register for the meet. There should be two competitors per event per school, and only one relay team per relay event (per school). All competitors must have assigned jersey numbers. There will be Boys' and Girls' Runner-up Trophies (Plaque) and Championship Trophies awarded according to the overall score of the meet. There will also be a Most Outstanding Performer Plaque awarded to the top Male & Female athletes (more details below). **All entries must be in by Noon on Tuesday. Thursday by Noon for any scratches.**
3. The meet must use Registered Official's for all Field Events & Two starters for the Meet (a total of **eight** officials). **A registered Official should be the clerk in Bull Pen.**
4. The meet must use F. A. T. (Fully Automatic Timing System).
5. **Any last minutes scratches should be done in Press Box or finish line 45 minutes before the meet starts.**
6. All implements will be weighed in 30 at minimum minutes before the start of the Field Events. Common Implements for all competitors. Any implements that do not meet weight requirements shall be confiscated by Field Event official until meet is over.
7. **All Semi-final Races should follow state & national guidelines for determining Finals...(first two places from each heat, then the next four fastest times).**
8. Scoring top eight placers in each event. 10-8-6-5-4-3-2-1 points shall be awarded to the individual or relay team that places.
9. Most Outstanding Performer: Individual Events & Relay Events- all points scored are given to athlete or athletes toward their total points scored during the Conference Meet. Meet Record Breaking performances: + 5 points if Tie a Meet Record, + 10 Points for Breaking Meet Record. Individual Bonus Points **do not** count towards team overall standings.
10. Top three places receive medals; 4th-8th places receive ribbons. Top 8 places Individual Events considered All-Conference.

2014 Notes For Coaches and Athletes:

1. Please keep all athletes off of the football field, no exceptions. Warm-ups, stretching, practice hand-offs, etc. should all be done on the "back-stretch" in front of the visitor stands (in between competition).

NOTE: There is also a lot of room behind home stands for any athletes wanting warm-up runs.

2. Only athletes reporting to Long Jump will be allowed entrance access to the Southeast (Finish Line) gate. Once Long Jump competition is over, this gate will be “exit only” for athletes. Only actual coaches will be allowed entrance through this gate (please keep parents, friends, non-media photographers, etc. in the stands or along the fence lines).
 - *Every effort is being made to run the championship meet as smoothly, efficiently, and safely as possible. Extra athletes inside the competition area cannot be a distraction. **COACHES, WE NEED YOUR HELP sending your outside of the competition area when they’re finished.** This will also help prepare your athletes for further District, Regional, and State competition.
3. Athletes will use the Northwest gate (located by the 200 Start) to enter the track. All check-ins for running events will take place in the bull-pen behind the 100/110 start line (unless the official changes this for the 200 or 300 Hurdles, athletes should be listening).
 - *Athletes are asked to enter the track only after their event has been called
 - *Pole Vault Athletes will also use this gate to report in. If he/she needs to leave for high or long jump, he/she may access through the field or finish-line gate
4. Athletes who need to check-out of the race must notify the official before leaving and return in a timely manner, immediately after his/her other event.
5. Once athletes finish a race, they should gather any clothes from our Basket Runners and will be “escorted” out of the track through the gate. They may be given their approximate hand time, however, official times and places will be measure by the F.A.T. and will be posted on the East/Finish Line side of the home stands as soon as possible.
 - *Questions about times, places, and points can be taken to the press box and will be answered as soon as possible. Officials decisions, however, are final.
6. Be sure to check OHSAA manuals for electronic rules changes before the meet.
7. Coaches should report to the Press Box as soon as they arrive to receive their packets, fill out a scratch/replacement form, and receive further information if necessary.
8. Our athletic trainer, Jordan Bowers, has a room located under the home bleachers near the 100m starting line. If an athlete needs assistance, he/she can go there. If he’s not there, notify the finish line or press box and we will contact him.
9. Team Camps should be made on the visitors’ bleachers side of the stadium. There is room next to and behind the visitors’ bleachers for tents, but grass space is limited (“1st come, 1st serve”).
10. Good Luck! If anything else arises before, during, or after the meet, feel free to contact Meet Manager Adam Hartley, ahartley@perkinsschools.org, Head Boys’ Coach Shane Burrows, sburrows@perkinsschools.org, or Head Girls’ Coach Amy Didion, adidion@perkinsschools.org. Athletic Director, Mike Strohl, mstrohl@perkinsschools.org is also available for other questions.

Friday Night Meet Time Schedule:

3:00pm

Field Events

Boys Shot (girls to follow)

Prelims 3 throws. Top 9 to finals

Girls Discus (boys to follow)

Prelims 3 throws. Top 9 to finals

Boys & Girls Long Jump Open Pit (one hour) Prelims we will use both Pits.

3 jumps Prelims - top 9 to Finals

Finals 9th - 1st is order of jumpers.

Girls High Jump (start @ 4' 0", up 2")

Boys to follow (start @ 5' 0", up 2")

****All starting Height's can be changed by Games Committee for the Vertical Jumps according to the entered heights.****

Boys Pole Vault (9' 0", 10', up 6")

Girls to follow (6', 7', up 6")

4:00pm

Running Semi's

4:00 Boys 100m Dash

4:05 Girls 100m Dash

4:15 Boys 110HH

4:25 Girls 100H

4:35 Girls 3200m Relay FINALS

4:55 Boys 3200m Relay FINALS

5:10 Boys 200m Dash Semis

5:20 Girls 200m Dash Semis

6:00pm

FINALS (We will run on a rolling schedule)

6:00 Girls 100m Hurdles

Boys 110H Hurdles

Girls 100m

Boys 100m

Girls 800m (4 x 200m) Relay

Boys 800m (4 x 200m) Relay

Girls 1600m Run

Boys 1600m

Girls 400m (4 x 100m) Relay

Boys 400m (4 x 100m) Relay

Girls 400m

Boys 400m

Girls 300m Hurdles

Boys 300m Hurdles

Girls 800m
Boys 800m
Girls 200m
Boys 200m
Girls 3200m
Boys 3200m
Girls 1600m (4 x 400m) Relay
Boys 1600m (4 x 400m) Relay

Presentation of Awards: Approximately ten minutes after conclusion of boy's 4 x 400.

Saturday Time Schedule:

Only if inclement weather on Friday...please call by 10:00am, for schools furthest away from Host site.

10:00am

Field Events

Boys Shot (girls to follow)
Prelims 3 throws. Top 9 to finals

Girls Discus (boys to follow)
Prelims 3 throws. Top 9 to finals

Boys & Girls Long Jump Open Pit (one hour) Prelims
3 jumps Prelims - top 9 to Finals
Finals 9th - 1st is order of jumpers.
2 pits- ran @ same time

Girls High Jump (start @ 4' 0", up 2")
Boys to follow (start @ 5' 0", up 2")

Boys Pole Vault (9' 0", 10', up 6")
Girls to follow (6', 7', up 6")

****All starting Height's can be changed by Games Committee for the Vertical Jumps according to the entered heights.****

11:00am

Running Semi's

11:00 Boys 100m Dash
11:05 Girls 100m Dash
11:15 Boys 110HH
11:25 Girls 100H
11:35 Girls 3200m Relay FINALS
11:55 Boys 3200m Relay FINALS
12:10 Boys 200m Dash Semis
12:20 Girls 200m Dash Semis

1:00pm Finals (We will run Finals on a rolling schedule)

1:00 Girls 100m Hurdles
 Boys 110H Hurdles
 Girls 100m
 Boys 100m
 Girls 800m Relay
 Boys 800m Relay
 Girls 1600m Run
 Boys 1600m
 Girls 400m Relay
 Boys 400m Relay
 Girls 400m
 Boys 400m
 Girls 300m Hurdles
 Boys 300m Hurdles
 Girls 800m
 Boys 800m
 Girls 200m
 Boys 200m
 Girls 3200m
 Boys 3200m
 Girls 1600m Relay
 Boys 1600m Relay

Presentation of Awards: Ten minutes @ conclusion of the Boys 4 x 400.