

# SANDUSKY BAY CONFERENCE TRACK MEET

## GIBSONBURG HIGH SCHOOL TRACK

**TUESDAY, MAY 7, 2019** (River & Bay Divisions only)

Field Events 4:00 p.m. / Running Events 5:00 p.m.

**FRIDAY, MAY 10, 2019** (Lake, Bay, & River Divisions)

Field Events 3:00 p.m. / Running Finals 4:00 p.m.

1. **All entries** will be done online via Baum's Page using [www.baumspage.com](http://www.baumspage.com). Please visit the Baum's Page website to familiarize yourself with how the entry process works. The entry window is currently open until May 5. **The on-line entry window will close at 4:00 p.m. on Sunday, May 5.** Late scratches can be entered on baumspage.com until Monday, May 6 up to 9:00 p.m. for Tuesday events. Late scratches can be entered on baumspage.com until Thursday, May 9 up to 9:00 p.m. for Friday's events. Any emergency scratches on May 7 or May 10 need to be done in the press box as you arrive.
2. **Team drop off & Bus Parking:** Buses will enter off of Linden Avenue on north side of the school. They will follow road that goes behind the school and team drop off will be at the first gate, between Athletic Building and softball field. Buses will continue out of parking lot, turning south on SR 300. They will park in White Star Parking Lot. **All bus parking will be in this area. Please refer to the bus map provided.** Drivers will be shuttled back and forth from the parking lot.
3. **TEAM AREAS/CAMPS:** Teams may set up their camps in the grassy areas on the west side of our stadium outside the fenced in track area. CAMP AREAS will be marked off so please make room for other teams. NO CAMPS will be allowed in the infield-turfed area inside the track. NO CAMPS will be allowed underneath the bleachers. NO CAMPS will be allowed in the stands. Port-a-Pots will be provided in the team camp area. Please refer to the site map provided.
4. **BULLPEN/CHECK IN:** For all running events, except 200 M and 300 M Hurdles will be at the north end of the track/stadium by the starting line for the 100 M. Dash and 110/100 M. Hurdles. 200 M will be on the inside of the track near the 50 yard line (will be marked). 300 M Hurdles will be on the south end of the stadium on the outside of the 2<sup>nd</sup> corner.
5. The running track is latex. Flats or shoes with a maximum of 1/4" spikes are permitted on this surface.
6. Contestants must wear school issued uniforms with school issued numbers. We will follow the National Federation Rules for tights and undershirts, especially the relay teams. There is to be no lettering on undershirts. Please follow the rules on maximum number of logos.
7. **SHOT & DISCUS:** 3 throws in preliminaries; top 9 go to the finals in River and Bay, and top 7 in Lake; 3 throws in the finals; all 6 throws count in the final results. **Implement weigh-ins will be just inside the track garage by the flagpole/scoreboard and will be weighed in from 2:55-3:30 p.m. (on Tuesday) and 1:55-2:30 p.m.(on Friday) as you arrive.**
8. **LONG JUMP:**
  - (Bay) Tuesday, May 7
  - Open pit for prelims & finals from 4:00-5:00 for girls
  - Open pit for prelims & finals from 5:00-6:00 for boys
  - (River) Friday, May 10
  - Open pit for prelims & finals from 3:00 -4:00 for girls
  - Open pit for prelims & finals from 4:00-5:00 p.m. for boys.
  - (Finals will be run at the conclusion of the prelim jumps for each)

(3 jumps in prelims; top 9 advance to finals in Bay and River and top 7 for Lake for 3 more jumps; all 6 jumps count in final results)

9. **POLE VAULT:**

Boys will start at **TBD** and go up 6" increments until completion.

Continuing flights (five alive) will not be used.

Girls will start at **TBD** and go up 6" increments until completion.

Continuing flights (five alive) will not be used.

When one athlete/jumper is left, then he/she can determine the height increments to finish.

The girls' pole vault will be run until completion, followed by the boys' pole vault.

**Pole Check-in:**

**Tuesday, May 7 (River Div. girls & boys) 3:00-3:45 @event site.**

**Friday, May 10 (Bay Div. girls & boys) 2:00-2:45 @event site.**

10. **High Jump:**

Will start at **TBD** for girls and **TBD** for boys, and move in 2" increments until completion. Continuing flights (5 alive) will be used.

(Girls will jump after completion of boys jumps)

11. The 400 relay exchange colors are all yellow. The 800 relay exchange colors are red, red, and yellow.

12. The 3200 relay will be staggered for two curves.

13. The 1600 relay will be staggered the first three turns.

14. The 800 will be run from a two-turn stagger.

15. The 1600 and 3200 will be staggered for one curve and the contestants will be boxed two per lane.

16. Relay Cards will be used and issued to coaches. Six names for each relay will be allowed on the cards.

17. **Admission** charge for both days, May 7 and May 10 is \$8.00 for adults and \$6.00 for students per SBC Track Meet admission bylaws.

18. **Championship Trophies** presented to the champions of each division at the conclusion of the meet.

**All SBC Conference Medals:** 1st Place (Gold), 2nd Place (Silver) & 3rd Place (Bronze) Medals

**Place Ribbons:** 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> Place

We will not use an award stand & present awards during the meet. To keep the meet moving in a timely manner, *all coaches will be asked to pick up their awards packet/box at the conclusion of the meet in the press box.* We will put all boy & girls awards together from the same school for coaches to distribute later to their kids.

19. **Outstanding Performer Award:** There will be (2) outstanding performer awards given out per division. One for the most outstanding running performance and one for the most outstanding field event performance. Coaches will place their votes at the conclusion of the meet. Ballots will be in our meet day packets. Coaches will be asked to turn in at the finish line area as the meet ends. Awards will be announced and handed out at the conclusion of the meet.

20. Please make marks for exchange zones and area with tennis balls. NO chalk or tape please!!!

Chalk or tape can be used to mark the high jump approach. Please no chalk for long jump.

21. Please keep the HJ and LJ areas clear of all non-contestants. Coaches' areas will be plainly

marked.

22. **Concession stand open all afternoons & evenings operated by our Athletic Booster Club.**
23. **SBC Track & Field T-Shirts will be available to purchase on site in at the concession area. Benchmark Prints will be on site to sell.**
24. Scoring will be 10-8-6-4-2-1 (for 6-team Lake Division), 10-8-6-5-4-3-2-1 (for 7-team Bay division) and 10-8-6-5-4-3-2-1 (for 8-team River division)
25. Once competition begins, a coach may substitute for an injured or ill athlete only. The athlete being removed may no longer participate in the meet.
26. **We will follow the state format for advancement to the finals. Top (2) runners from each heat will advance and then the next (4) best times in either heat will also advance.**
27. Any questions, contact Jay Morelock at 419.637.2873 (school), 419.307.6781 (cell).