



2022 FAC Track and Field Championships

Schools: Chillicothe, Hillsboro, Jackson, McClain, Miami Trace, Washington

Dates: Tuesday, May 10th and Thursday May 12th

Location: McClain High School: Greenfield, Ohio

Meet Managers:

Steve Roble: Cell 740-606-1220: Email steve.roble@greenfieldmcclain.org

Drew Hamilton: Cell: 937-763-6618: Email drew.hamilton@greenfieldmcclain.org

Athletic Director: Tim Bolender: School: 937-981-4812: Cell: 937-876-9027
Email: tim.bolendar@greenfieldmcclain.org

Time Schedule:

Day 1: Tuesday, May 10th

5:00 PM: Start Field Events

Boys Pole Vault (Start at 8'0")
Girls High Jump (Start at 4'2")
Boys Long Jump (Top 9 to the finals.)
Boys Discus (Top 9 to the finals.)
Girls Shot Put (Top 9 to the finals.)

6:00 PM: Girls 4x800 Relay Finals

6:15 PM: Boys 4x800 Relay Finals

6:30 PM: Track Preliminaries

Girls 100m High Hurdles (Top 2 of each heat, next 4 fastest times to the finals.)
Boys 110m High Hurdles (Top 2 of each heat, next 4 fastest times to the finals.)
Girls 100m Dash (Top 2 of each heat, next 4 fastest times to the finals.)
Boys 100m Dash (Top 2 of each heat, next 4 fastest times to the finals.)
Girls 400m (Top 2 of each heat, next 4 fastest times to the finals.)
Boys 400m (Top 2 of each heat, next 4 fastest times to the finals.)
Girls 300m Intermediate Hurdles (Top 2 of each heat, next 4 fastest times to the finals.)
Boys 300m Intermediate Hurdles (Top 2 of each heat, next 4 fastest times to the finals.)
Girls 200m Dash (Top 2 of each heat, next 4 fastest times to the finals.)
Boys 200m Dash (Top 2 of each heat, next 4 fastest times to the finals.)





Time Schedule:

Day 2: Thursday, May 12th

5:00 PM: Start Field Events

Girls Pole Vault (Start at 6'0")
Boys High Jump (Start at 5'2")
Girls Long Jump (Top 9 to the finals.)
Girls Discus (Top 9 to the finals.)
Boys Shot Put (Top 9 to the finals.)

6:15 PM: Start Running Finals

6:15 pm: Girls 100m High Hurdles
6:20 pm: Boys 110m High Hurdles
6:25 pm: Girls 100m Dash
6:30 pm: Boys 100m Dash
6:35 pm: Girls 4x200 Relay
6:40 pm: Boys 4x200 Relay
6:45 pm: Girls 1600m Run
6:55 pm: Boys 1600m Run
7:05 pm: Girls 4x100 Relay
7:10 pm: Boys 4x100 Relay
7:15 pm: Girls 400m
7:20 pm: Boys 400m
7:25 pm: Girls 300m Hurdles
7:30 pm: Boys 300m Hurdles
7:35 pm: Girls 800m Run
7:40 pm: Boys 800m Run
7:45 pm: Girls 200m Dash
7:50 pm: Boys 200m Dash
7:55 pm: Girls 3200m Run
8:10 pm: Boys 3200m Run
8:25 pm: Girls 4x400m Relay
8:35 pm: Boys 4x400m Relay



Entries:

Two per individual event, one relay team per school.

Online Entry: Baumspage

Entry Deadline is 8:00 pm on Sunday May 8th for Day 1.

Scratches and changes for Day 1 are due by 9am on Tuesday, May 10th, email louis.reid@wchcs.org

Scratches and changes for Day 2 are due by 9:00 am Thursday, May 12th, email louis.reid@wchcs.org

Athletic Trainer: Megan Montgomery of Adena Sports Medicine

Admission: \$5.00 for all spectators.

Throwing Implements:

Must be weighed and marked prior to competition.

The location will be at the storage building next to the Shot Put Area.

Team Camps:

Visiting Football Bleachers

Track:

Eight lanes, black polyurethane all weather.

4x100 Relay Zones: Gold to Gold for all exchange zones.

4x200 Relay Zones: Red to Red, Red to Red, then Gold to Gold

4x400 Relay Zones: Blue to Blue, with 3 turn stagger (2nd runner in lane until backstretch.)

4x800 Relay Zones: Blue to Blue with 2 turn stagger

Spikes:

1/4 inch cone/pyramid maximum only.

Restrooms:

Home field house and McClain Cafeteria. Please do not wear spikes into the cafeteria.

Bullpen:

North End of the football field at the 110 Hurdle Start.





Concessions:

The McClain Athletic Boosters: Location Southeast side of the Track

Bus Parking:

Please drop off athletes at the 6th street ticket entry gate:

All buses will then head up 6th street, turn right onto McClain Ave, then turn right onto 5th street and park at the open lot connected to our Vocational Building.