

SHADYSIDE RELAYS 2018

ORDER OF EVENTS

10:00 AM FIELD EVENTS- TRIALS & FINALS

1ST SESSION

POLE VAULT- GIRLS
HIGH JUMP- GIRLS
LONG JUMP- BOYS
DISCUS- BOYS
SHOT PUT-GIRLS

2ND SESSION

POLE VAULT- BOYS
HIGH JUMP- BOYS
LONG JUMP- GIRLS
DISCUS- GIRLS
SHOT PUT- BOYS

RUNNING EVENTS

10:30 AM	100 M HIGH HURDLES	GIRLS SEMIS (6 FASTEST TO FINALS)
	110 M HIGH HURDLES	BOYS SEMIS (6 FASTEST TO FINALS)
	100 M DASH	GIRLS SEMIS (6 FASTEST TO FINALS)
	100 M DASH	BOYS SEMIS (6 FASTEST TO FINALS)
	3200 M RUN	GIRLS FINALS
	200 M DASH	GIRLS SEMIS (6 FASTEST TO FINALS)
	200 M DASH	BOYS SEMIS (6 FASTEST TO FINALS)
	4 X 800 M RELAY	BOYS FINALS
	300 M LOW HURDLES	GIRLS SEMIS (6 FASTEST TO FINALS)
	300 INT. HURDLES	BOYS SEMIS (6 FASTEST TO FINALS)
	4 X 800 M RELAY	GIRLS FINALS
	400 M DASH	GIRLS SEMIS (6 FASTEST TO FINALS)
	400 M DASH	BOYS SEMIS (6 FASTEST TO FINALS)
	SHUTTLE HURDLE RELAY	
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OPENING CEREMONIES & FINALS

WILL START 45 MINUTES AFTER SHUTTLE HURDLE RELAY

100 M HIGH HURDLES	GIRLS
110 M HIGH HURDLES	BOYS
100 M DASH	GIRLS
100 M DASH	BOYS
4 X 200 M RELAY	GIRLS
4 X 200 M RELAY	BOYS
1600 M RUN	GIRLS
1600 M RUN	BOYS
4 X 100 M RELAY	GIRLS
4 X 100 M RELAY	BOYS
400 M DASH	GIRLS
400 M DASH	BOYS
300 M HURDLES	GIRLS
300 M INT. HURDLES	BOYS
800 M RUN	GIRLS
800 M RUN	BOYS
200 M DASH	GIRLS
200 M DASH	BOYS
3200 M RUN	BOYS
4 X 400 M RELAY	GIRLS
4 X 400 M RELAY	BOYS

AWARDS PRESENTATION