



10:00 AM FIELD EVENTS- TRIALS & FINALS

1ST SESSION

POLE VAULT- BOYS
 HIGH JUMP- GIRLS
 LONG JUMP- BOYS
 DISCUS- BOYS
 SHOT PUT-GIRLS

2ND SESSION

POLE VAULT- GIRLS
 HIGH JUMP- BOYS
 LONG JUMP- GIRLS
 DISCUS- GIRLS
 SHOT PUT- BOYS

RUNNING EVENTS

10:30 AM

3200 M RUN
 100 M HIGH HURDLES
 110 M HIGH HURDLES
 100 M DASH
 100 M DASH
 4 X 800 M RELAY
 200 M DASH
 200 M DASH
 4 X 800 M RELAY
 400 M DASH
 400 M DASH
 SHUTTLE HURDLE RELAY
 SHUTTLE HURDLE RELAY

GIRLS FINALS
 GIRLS SEMIS (6 FASTEST TO FINALS)
 BOYS SEMIS (6 FASTEST TO FINALS)
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BOYS FINALS
GIRLS FINALS
BOYS FINALS
GIRLS FINALS
BOYS FINALS

OPENING CEREMONIES & FINALS

WILL START 45 MINUTES AFTER SHUTTLE HURDLE RELAY

100 M HIGH HURDLES	GIRLS
110 M HIGH HURDLES	BOYS
100 M DASH	GIRLS
100 M DASH	BOYS
4 X 200 M RELAY	GIRLS
4 X 200 M RELAY	BOYS
1600 M RUN	GIRLS
1600 M RUN	BOYS
4 X 100 M RELAY	GIRLS
4 X 100 M RELAY	BOYS
300 M HURDLES	GIRLS
300 M INT. HURDLES	BOYS
800 M RUN	GIRLS
800 M RUN	BOYS
200 M DASH	GIRLS
200 M DASH	BOYS
3200 M RUN	BOYS
4 X 400 M RELAY	GIRLS
4 X 400 M RELAY	BOYS

AWARDS PRESENTATION