

SHELBY INVITATIONAL

APRIL 6, 2019

TEAMS – Bellevue(Girls), Clear Fork, Crestview, Franklin Heights, Galion, Lucas, Mansfield Christian, Mohawk, Mt Gilead, Ontario, Plymouth, Shelby, South Central, St. Paul, St. Pete, Wynford

ENTERING MARKS – Please try to enter times and distances achieved this season. This will ensure that each athlete will be place in the proper heat or flight.

SCRATCHES or CHANGES – There will be a coaches meeting in the garage at the north end of the track at 8:30AM. Scratches and changes can be made then.

ENTRY DEADLINE – Entries will be made online at:

www.baumspage.com

Entry deadline will be Thursday, April 4 at 1:00pm

MEET SCHEDULE – **NOTE EARLY START TIME THIS YEAR DUE TO NO ACT TEST CONFLICT!!**

8:30 Coaches Meeting

9:00 Girls pole vault / Boys pole vault to follow

Boys high jump / Girls high jump to follow

Boys shot put / Girls discus – 2 flights of teams

Girls long jump (9-10:30) / Boys long jump (11-12:30)

10:30 Distance Medley Relay (girls' first) 800-400-1200-1600

12:00 Running Event Finals – Regular OHSAA meet order

Coaches – As in the past, we will be using timed finals in the high hurdles, 100 and 200 instead of having semi-finals in those events.

SCORING – 8 Places = 10-8-6-5-4-3-2-1, Ribbons to Top 6 Placers Only

Meet this year will again be timed via F.A.T. timing/scoring system

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Meet Information

Spikes – 1/8” spikes only

Starting Heights – Girls pole vault – 7’6” Boys pole vault – 10’0”

Girls high jump – 4’4” Boys high jump – 5’4”

(Note change in PV starting heights from last year)

All runners should report to the bullpen at the northwest corner of the track prior to the second call. Field events report in at the event site.

Relay teams should use tennis balls to designate their starting marks. Tape may be used in the high jump area only. Please remove your tape at the completion of jumping.

The 4 x 800, 800, 1600, and 3200 will use a one turn stagger. The 4 x 400 relay will use a three turn stagger. **Possibly multiple heats in the 800.**

Long jump, shot put, and discus will have 4 jumps or throws. No finals.

Awards will be put in a packet for coaches to pick up after the meet. Meet results will be available as soon as possible after the meet. You may pick up both in the pressbox. Please limit visits to the press box so scoring, awards, etc. can be efficient.

The bleachers by the finish line are for coaches and spectators only. Athletes should sit in the larger set of bleachers.

Once the field events are completed, we want all athletes out of the infield. Coaches will have access to the infield and field event areas throughout the meet.

A concession stand will be open throughout the meet. Likewise, there will be a limited supply of “Invitational” t-shirts for sale.

Parking may be scarce as we will be hosting softball and baseball games as well. Please advise your bus driver to drop teams off at the track and then proceed to the rear of the middle school for bus parking. Spectators may use our “old” tennis courts located just south of the baseball field for over-flow parking if necessary.

Moac Admission - **Adults \$7.00** Students \$5.00