



Dual Meets @ STRONGSVILLE

Baumspage Entry Instructions:

Standard entry procedures for Baumspage: Find the meet in the timeline according to the date of the Dual Meet. Proceed to enter your athletes. Continue to add athletes as needed. The window will stay open until 11:00 on Meet day. If changes are needed we can make those prior to the meet.

For races that are run in Lanes: (100/110h, 100, 200, 300h, 400)

- Enter every athlete that will be running in that event
- At minimum, enter times for your 4 fastest kids so they will be assured to race in the fastest heat
- These races, contested entirely in lanes, will be setup such that each school competing is assigned to certain lanes, ie. if Strongsville is assigned lanes 1, 3, 5, 7, the visiting school will be assigned lanes 2, 4, 6, 8.

For races not run in Lanes: (800, 1600, 3200)

- Enter every athlete that will be running in that event.
- You do not need to enter any times if you do not desire to do so.

For relay races: (4x100, 4x200, 4x400, 4x800)

- Enter all relays that will be running in the meet.
- You do not have to enter times for your relays.

For field events: (shot put, discus, long jump, high jump, pole vault)

- Enter every athlete that will be competing in those events
- For the shot and discus: at minimum enter marks for your best four throwers so they will be assured to throw in the best flight.
- Long jump, high jump, and pole vault do not need marks entered