

12th Annual Big OX Invitational
St Thomas Aquinas HS
4/17/2021

Big OX Invitational Rules and Meet Information

1. Our track warranty requires 1/8th “ pyramid spikes. These will be checked in the bullpen. Runners wearing longer spikes will not be permitted to run
2. Team camps will only be permitted on the practice football field west of the stadium & within the Stadium on the Visitors side stands. Camps can't be set up that would block the view of the 200m start from the start/finish line.
3. We attempt to follow a very specific schedule (see enclosed). Have your athletes ready to go at the times listed on the schedule. In case of schedule variance, have athletes listen for announcer calls. This allows for a very time efficient meet.
4. Due to Covid-19 precautions, the Hospitality area for Coaches will not be available. We have placed tickets in your team packets that can be redeemed at the concession stand for a sandwich/drink & chips.
5. Due to Covid-19 precautions, Non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.
6. There will be **NO Substitutions** on the day of the Meet. Only scratches can be made at the Bullpen/Check-in area. Field events will scratch at the event location.
7. Check-in for all running events will be at the bullpen located next the sprint starting line at the west end of the straightaway. Field events will check in at the site of the event. Starting heights will be determined after submission of the entries.
8. Scoring will be 10-8-6-4-2-1 for the top 6 places. Top 6 places receives an award. T-shirts will be awarded to the winner in each event. Once results are announced as official, please have your athlete come to the awards area under the Pavillon to pick up their T-shirt. Medal awards will be for the 1st-6th places and will be handed out collectively at the conclusion of the meet.

There will also be trophies to the top 2 Boys & Girls Teams. Boys & Girls MVP awards will be given in categories of field events, sprints (including hurdlers) and distance. Relay points will be divided equally among the members of the relay team. Tie breakers for MVP awards will be first by high places, second by meet records, third by Games Committee.

9. Pre-lims in 100/200/100/110 hurdles with top 8 times advancing to the finals. Shot/disc/HJ/LJ are best attempt out of 4 trials.
10. Athletes must use appropriate gates for access to the track. No fence jumping is allowed.
11. After dropping off your team, the team busses should park in front of the school.
12. Medical tent will be staffed by a licensed athletic trainer available to provide simple assistance (ice, bandages etc) and certainly in the event of a serious medical condition.