

Friday, May 13th at ZT.

Field Events will begin at 4:30.

Shot, Discus and LJ will have 3 attempts each. 9 will be brought back for finals with 3 additional attempts.

Women: Shot Put, Pole Vault, High Jump

Men: Discus, Long Jump

Each will be followed by the opposite gender.
i.e.- Men will follow women with SP, PV, HJ

AND: Women will follow men with Discus, LJ.

RUNNING EVENTS WILL BEGIN PROMPTLY AT 5:30 with Women's 4x800 m. Relay.

A normal schedule of events will follow

NO DISTANCE EVENTS WILL BE COMBINED. They will all be run as gender specific.