

**2019 SWC Track and Field Championship
Amherst Steele High School
May 8th and May 10th**

Finals

Day 2: Friday 5/10/19 – Starts at 4:30 p.m.

<u>TIME</u>	<u>EVENT</u>	<u>ROUND</u>
4:30 PM	Girls Pole Vault	Finals
4:30 PM	Girls Long Jump	Finals
4:30 PM	Boys High Jump	Finals
4:30 PM	Boys Shot Put	Finals
4:30 PM	Girls Discus Throw	Finals
5:30 PM	Girls 100 Meter Hurdles	Finals
	Boys 110 Meter Hurdles	Finals
5:35 PM	Girls 100 Meter Dash	Finals
	Boys 100 Meter Dash	Finals
5:45 PM	Girls 4x200 Meter Relay	Finals
	Boys 4x200 Meter Relay	Finals
6:00 PM	Girls 1600 Meter Run	Finals
	Boys 1600 Meter Run	Finals
6:20 PM	Girls 4x100 Meter Relay	Finals
	Boys 4x100 Meter Relay	Finals
6:35 PM	Girls 400 Meter Dash	Finals
	Boys 400 Meter Dash	Finals
6:45 PM	Girls 300 Meter Hurdles	Finals
	Boys 300 Meter Hurdles	Finals
6:55 PM	Girls 800 Meter Run	Finals
	Boys 800 Meter Run	Finals
7:05 PM	Girls 200 Meter Dash	Finals
	Boys 200 Meter Dash	Finals
7:15 PM	Girls 3200 Meter Run	Finals
	Boys 3200 Meter Run	Finals
7:45 PM	Girls 4x400 Meter Relay	Finals
	Boys 4x400 Meter Relay	Finals