



# Toledo Area Athletic Conference

## High School Track and Field Championships

Northwood High School, Friday, May 14, 2021

700 Lemoyne Road, Northwood, OH 43619  
Phone: 419-691-3888

Meet manager: Richard Morgan, phone: 419-601-1976  
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- Teams:** Cardinal Stritch, Emmanuel Christian, Maumee Valley Country Day, Northwood, Ottawa Hills, and Toledo Christian
- Scratches:** **Please check the program. Make sure all your times and distances are shown correctly.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. ALL changes must be made before the beginning of the meet. **Once the meet begins, only drops will be accepted, except for injury.**
- Meeting:** There will be a short coaches' meeting at 4:15 in the press box.
- Semis:** In the 100 M Dash and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times. The top 2 places from each heat, along with the next 4 times, will advance to the finals. In the 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Hurdles:** In the boys' 110 M hurdles, there were only 5 entrants, so no semis are needed, and the race will only be run as finals.
- Field Events:** There will be three attempts, then the top seven athletes will advance to the finals. Finals will consist of three more attempts. Please use your own implements. Make sure you have them weighed under the press box.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.  
400 m relay zone 1: Northwood, MVCD  
400 m relay zone 2: Emmanuel Christian, Stritch  
400 m relay zone 3: Ottawa Hills, Toledo Christian  
800 m relay zone: Ottawa Hills, Northwood
- Heights:** We will use the following starting heights: Girls HJ 3'8", Boys HJ 4'8", Girls PV 4'6", and Boys PV 6'6"
- Scoring:** We will score 6 places. (10, 8, 6, 4, 2, 1)
- Awards:** There will be a team trophy for champion. Individually, we will score 6 places. The top 3 placers will receive All-TAAC medals. There will also be an Athlete of the Year Plaque and a Coach of the Year Plaque awarded. Awards will be available in the press box after the meet.
- Markings:** Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be posted on baumspage, sometime Friday night.
- Live Results:** Results will be posted on baumspage as events are completed.



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### Schedule and Information

High  
School  
Track

4:30 PM

- Girls Pole Vault, boys to follow
- Girls High Jump, boys to follow
- Boys Long Jump, girls to follow

There will be 3 attempts, then the top 7 jumpers go to finals for 3 more attempts  
Competition will be open pit for one hour, then finals

- Boys Shot put, girls to follow  
There will be 3 attempts, then the top 7 throwers go to finals for 3 more attempts
- Girls Discus, boys to follow  
There will be 3 attempts, then the top 7 throwers go to finals for 3 more attempts

Starting heights: Girls HJ 3'8", Boys HJ 4'8", Girls PV 4'6", Boys PV 6'6"

### Semifinals for Running Events

*In the semis, the top 2 runners from each heat plus the next four fastest times will advance to the finals.*

5:00 PM

Girls 100 M Hurdles Semis  
**No Boys 110 M Hurdles Semis**  
Girls 100 M Dash Semis  
Boys 100 M Dash Semis  
**Girls 3200 M Relay Final**  
**Boys 3200 M Relay Final**  
Girls 200 M Dash Semis  
Boys 200 M Dash Semis

### Finals for Running Events

*This time is approximate. Finals will start about 30 minutes after the semifinals. Actual starting time will be announced.*

6:45 PM  
(approx.)

Girls 100 M Hurdles Final  
Boys 110 M Hurdles Final  
Girls 100 M Dash Final  
Boys 100 M Dash Final  
Girls 4 x 200 M Relay  
Boys 4 x 200 M Relay  
Girls 1600 M Run  
Boys 1600 M Run  
Girls 4 x 100 M Relay  
Boys 4 x 100 M Relay  
Girls 400 M Dash (1 heat)  
Boys 400 M Dash (2 heats)  
Girls 300 M Hurdles (2 heats)  
Boys 300 M Hurdles (1 heat)  
Girls 800 M Run  
Boys 800 M Run  
Girls 200 M Dash Final  
Boys 200 M Dash Final  
Girls 3200 M Run  
Boys 3200 M Run  
Girls 4 x 400 M Relay  
Boys 4 x 400 M Relay