

Findlay High School Presents



Cooper Tire Track & Field Complex



2021 Three Rivers Athletic Conference Track and Field Championships Coach and Team Information

Wednesday, May 12, 2021

4:30 P.M. Field Events-Finals

- | | |
|----------------------|--------------------|
| 1. Boys Pole Vault | 4. Girls Shot Put |
| 2. Boys Discus Throw | 5. Girls High Jump |
| 3. Boys Long Jump | |

5:25 P.M. National Anthem

5:30 P.M Running Events-Finals and Semi Finals: Infield will be closed at 5:00 p.m. No Participants on infield for warm-ups.

1. Girls 4x800 meter relay (1heat; final)
2. Boys 4x800 meter relay (1 heat; final)

6:00 P.M. Semi Finals Two Heats; Top 8 times advance to finals

- | | |
|----------------------------|----------------------------|
| 1. Girls 100 meter hurdles | 6. Boys 400 meter dash |
| 2. Boys 110 meter hurdles | 7. Girls 300 meter hurdles |
| 3. Girls 100 meter dash | 8. Boys 300 meter hurdles |
| 4. Boys 100 meter dash | 9. Girls 200 meter dash |
| 5. Girls 400 meter dash | 10. Boys 200 meter dash |

Note: There will be a 15 minute break after the 300 hurdles for sprinters in both the 400 and 200 meter races.



2021 Three Rivers Athletic Conference Track and Field Championships Coach and Team Information

Friday, May 14, 2021

4:30 P.M. Field Events-Final

- | | |
|-----------------------|-------------------|
| 1. Girls Pole Vault | 4. Boys Shot Put |
| 2. Girls Discus Throw | 5. Boys High Jump |
| 3. Girls Long Jump | |

5:15 P.M. All-Academic recognition - Athletes can stay at respective event.

5:20 P.M. Art Bucci Award Recipient – Jerry Snodgrass

5:25 P.M. National Anthem

5:30 P.M. Running Events Finals

- | | |
|------------------------------|-------------------------------|
| 1. Girls 100 meter hurdles | 12. Boys 400 meter dash |
| 2. Boys 110 meter hurdles | 13. Girls 300 meter hurdles |
| 3. Girls 100 meter dash | 14. Boys 300 meter hurdles |
| 4. Boys 100 meter dash | 15. Girls 800 meter run |
| 5. Girls 4 x 200 meter relay | 16. Boys 800 meter run |
| 6. Boys 4 x 200 meter relay | 17. Girls 200 meter dash |
| 7. Girls 1600 meter run | 18. Boys 200 meter dash |
| 8. Boys 1600 meter | 19. Girls 3200 meter run |
| 9. Girls 4 x 100 meter relay | 20. Boys 3200 meter run |
| 10. Boys 4 x 100 meter relay | 21. Girls 4 x 400 meter relay |
| 11. Girls 400 meter dash | 22. Boys 4 x 400 meter relay |



2021 Three Rivers Athletic Conference Track and Field Championships Coach and Team Information

LOCATION: Findlay High School
Cooper Tire Track and Field Complex
1200 Broad Avenue
Findlay, OH 45840

ENTRIES:
Entries are due by **Tuesday, May 11, 2021 by 7:00pm**. Performance list will be listed on Baumspage with starting heights.

SCRATCHES/CHANGES:
Scratches/changes are due by **Wednesday, May 12, 2021 by noon**. Heat sheets will then be created and uploaded to Baumspage.

HEATS & LANE ASSIGNMENTS
Lane assignments will be by open draw in the 3200m relay, 800m, 1600m and 3200m. All other races will be by submitted times.

STARTING HEIGHTS
The starting heights will be determined by games committee. Please list **consistent** height.

DISCUS/SHOT PUT
Implement weigh in will take place at 4:00pm. next to the concession stand. All legal implements will be marked. Illegal implements will be retained until the end of the meet.

DISCUS, LONG JUMP, AND SHOT
Two flights with 3 attempts. Top 9 performers will advance to finals for 3 more throws.

SCORING
We will score 8 places 10-8-6-5-4-3-2-1

4 x 400 METER RELAY
3 turn stagger will be used.

EXCUSED ATHLETES

No athlete should check out until after second call for that event has been made. The athlete should report back immediately at the conclusion of the event. The event judge will grant the athlete a rest period. An athlete may request consecutive attempts.

CLERK/BULL PEN

Turn in relay cards to the clerk. The bull pen is located on the Northwest side of the track.

COACHES' BOX

A coaches' box is provided at the field event areas.

COACHES MEETING

All packet information will be provided through Baumspage with a brief meeting at the timing building at 4:00pm

INCLEMENT WEATHER

The school gymnasium will be used for inclement weather.

TRAINERS

Certified trainers will be available at the meet, located at Southeast and Southwest of Cooper Tire Track. Ambulance will be located at Southeast.

FACILITIES

Facilities are available, but you are encouraged to come to the meet dressed to compete. Findlay High's Cooper Tire and Field Track is a 9-lane all-weather track, with all-weather surfaces on the jumping surface as well. Also, no chalk is to be used for marking. Tape is acceptable for the jumps, and tennis balls for relays. Please supply own batons.

FOOTWEAR

Spikes are not to be worn in the bleachers. Please use 1/8 or 1/4 inch spike only.

SEATING

Seating is located on the west side of the complex

- Air Horns are not permitted into the complex
- Smoking and alcohol is not permitted
- Banners and signs will be permitted provided they are not personal, negative, unsportsmanlike, vulgar, or allowing spectators not to view the event

WEATHER:

If inclement weather occurs please return to busses or private vehicles. If weather becomes severe, further announcements will be made as needed and gyms will be used.

LIVE RESULTS:

QR Code will be provided with link to Baumspage for live results within coaches meeting packet.



COVID:

Protocol for Spectators

- Spectators must conduct COVID-19 symptom assessments prior to arrival. Anyone experiencing symptoms must stay home. According to the CDC, COVID-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
- Spectators must wear a cloth face covering at all times, including when arriving and departing the facility.
- No congregating before or after the game. Please wait in your car if you are providing transportation for your child.
- Hand sanitizer will be available.
- Spectators / Family and household members should sit together socially-distanced from other individuals/family/household groups.

* Leave immediately at the end of competition.

COVID Continued:

Protocols for Players/Coaches -

- All team personnel should conduct COVID-19 symptom assessments prior to arrival. Anyone experiencing symptoms must stay home.
- Coaches and other team personnel must wear face masks at all times, including when arriving and departing the facility and during active play.
- Facial coverings are required for student-athletes not participating in the contest, and/or players in the bench area.
- Locker rooms will not be available. Please come dressed and ready to play.
- Athletes must maintain social distancing
- Coaches should take athletes temperatures prior to arrival. Anyone with a temperature greater than 100 degrees will not be allowed into the facility.
- A water cooler will be provided.

RULES & REGULATIONS

The rules governing this championship, other than those stated herein, will be the official rules of the Ohio High School Athletic Association and the Three Rivers Athletic Conference regulations listed below.

ARTICLE XXV – TRACK AND FIELD – BOYS and GIRLS

25-1-1. Varsity and JV track and field will be contested in the Three Rivers Athletic Conference with the team champions and conference standings determined by a conference championship meet. The host school for the championship meet will be determined by the conference adopted rotation schedule. Should a member school not have a site suitable for conducting the conference championship meet they shall make this known one year in advance and the next school in the rotation will host the following meet. The conference varsity championship meet will be held on Wednesday and Friday the week prior to the Ohio High School Athletic Association District Meet. The conference JV meet will be held on the Saturday following the varsity championship meet.

25-1-2. 2017-2018 Bylaw 25-1-2 will be administered as approved - **ANYONE WHO PARTICIPATES IN ANY TRACK OR FIELD INDIVIDUAL EVENT AT THE TRAC VARSITY MEET IS *NOT* ALLOWED TO PARTICIPATE IN THE TRAC JV MEET. NOTE: RELAYS ARE THE ONLY NON-INDIVIDUAL EVENTS AT THE TRAC VARSITY MEET.**

25-1-3. The championship meet will be conducted under the rules and regulations established by the Ohio High School Athletic Association.

Three Rivers Athletic Conference

Track & Field Championship

All Time Records

GIRLS				
Event	Name	Team	Mark	Year
4x800 Meter Relay	Victoria Miller Lauryn Mick Emily Vining Madeline Vining	Notre Dame Academy	9:38.90	2019
100 Meter Hurdles	Jean Hampton	Central Catholic	15.25	2012
	Dominique Moore	Lima Senior		2017
100 Meter Dash	Suerethia Henderson	Lima Senior	12.12	2018
4x200 Meter Relay	Ashley Kynard Chantalia Young Jessika Matthews Lexis Williams	Notre Dame Academy	1:42.15	2012
1600 Meter Run	Haley Hess	Oregon Clay	4:59.96	2015
4x100 Meter Relay	Itayia Harris Suerethia Henderson Elyse Kelley Corion McDonald-Gordon	Lima Senior	49.36	2018
400 Meter Dash	Suerethia Henderson	Lima Senior	56.87	2018
300 Meter Hurdles	Grace Winckowski	Oregon Clay	45.01	2015
800 Meter Run	Haley Hess	Oregon Clay	2:17.73	2015
200 Meter Dash	Suerethia Henderson	Lima Senior	25.26	2017
3200 Meter Run	Alexandra Aughenbaugh	Notre Dame Academy	11:05.77	2012
4x400 Meter Relay	Alexa Denko Kate Ellis Nakiya Taylor-McGee Anna Kovacs	Central Catholic	3:59.44	2017
High Jump	Mariah Hopings	Whitmer	5' 5"	2017
Long Jump	Simone Green	Central Catholic	18' 5.75"	2019
Pole Vault	AnneMarie Moses	Fremont Ross	12' 1"	2017
Shot Put	Zaresha Neal	Findlay	42' 9.5"	2017
Discus	Zaresha Neal	Findlay	149' 11"	2017

Three Rivers Athletic Conference

Track & Field Championship

All Time Records

BOYS				
Event	Name	Team	Mark	Year
4x800 Meter Relay	Ben Clark Dominic Bier Vamsi Chodisetty Jake Barnes	St. John's Jesuit	7:54.36	2016
110 Meter Hurdles	Arthur Greenlee	Central Catholic	14.17	2016
100 Meter Dash	Alex Miles	Whitmer	10.91	2015
4x200 Meter Relay	Jaden Walker Bryan Mays Diamonte Fisher Rico Stafford	Lima Senior	1:28.33	2015
1600 Meter Run	Nate Cousino	Whitmer	4:15.82	2018
4x100 Meter Relay	Kajiere Dunston RaShad Craig Joe Krause Todd Bumphis	St. Francis	42.83	2019
400 Meter Dash	Tyler Brown	Findlay	48.78	2012
300 Meter Hurdles	Jacob Gladieux	Whitmer	38.97	2018
800 Meter Run	Nate Cousino	Whitmer	1:52.35	2018
200 Meter Dash	Matthew Griffin	Central Catholic	21.53	2019
3200 Meter Run	Jacob Harris	Whitmer	9:28.21	2019
4x400 Meter Relay	Jaden Walker Bryan Mays Diamonte Fisher Rico Stafford	Lima Senior	3:22.64	2015
High Jump	Tyler Brown	Findlay	6' 8"	2013
Long Jump	Tyler Brown	Findlay	23' 8.25"	2013
Pole Vault	Zach Kubicki	Whitmer	15' 0"	2017
	Ben Scharf	Whitmer		2018
	Tre Young	Whitmer		2018
Shot Put	Jared Ballenger	Fremont Ross	60' 6.75"	2014
Discus	Jared Ballenger	Fremont Ross	190' 5"	2014

Three Rivers Athletic Conference
2021 All-Academic Track and Field Athletes

All academic awards will be presented to conference student athletes under the following criteria:

- a) Athlete must be a sophomore, junior or senior
- b) Athlete must be a varsity letter winner
- c) Athlete must have a 3.0 Accumulative GPA

