

**2022 VERMILION JV TRACK & FIELD INVITATIONAL**  
**Time Schedule & Order of Events**  
**Saturday April 30, 2022**

**9:30am: Head Coaches meeting at the finish line**

**10:00am: Field Events (WARM-UP TIME IS 9:30am):**

Girls Shot Put (Boys follow) 4 attempts and no finals  
Boys Discus (Girls follow) 4 attempts and no finals  
Girls High Jump (Boys follow)  
Boys Long Jump (Open pit 4:30 – 6:30) 4 attempts and no finals  
Girls Long Jump (Open pit 4:30 – 6:30) 4 attempts and no finals  
Girls Pole Vault (Boys will enter in with the girls once the bar is at 8'6")

**11:00am: Running Events (will be a rolling schedule)**

**Finals**

Girls 4x800m Relay  
Boys 4x800m Relay  
Girls 100m Hurdles  
Boys 110m Hurdles  
Girls 100m Dash  
Boys 100m Dash  
Girls 4x200m Relay  
Boys 4x200m Relay  
Girls 1600m Run  
Boys 1600m Run  
Girls 4x100m Relay  
Boys 4x100m Relay  
Girls 400m Dash  
Boys 400m Dash  
Girls 300m Hurdles  
Boys 300m Hurdles  
Girls 800m Run  
Boys 800m Run  
Girls 200m Dash  
Boys 200m Dash  
Girls 3200m Run  
Boys 3200m Run  
Girls 4x400m Relay  
Boys 4x400m Relay

**Participating Schools:** Bellevue, Brookside, Firelands, Lorain, Sandusky, Norwalk, Vermilion

**Scoring/Awards:** Scoring top 8 (10-8-6-5-4-3-2-1), Team trophies to top 2 boys & girls teams, Individual medals 1-3, ribbons 4-8