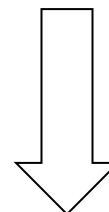


Vinton County Invitational
Coaches Details Sheet and Order of Events

- FINAL ENTRIES ARE DUE BY 10:00am Thursday, April 27th – NO CHANGES AFTER 10:00!
- No Coaches Meeting – Just pick up your heat packets at the finish line
- Remember the entry fee - \$175 covers boys and girls
- NOTE: NO semifinals. Make sure you enter your athletes' MOST CONSISTENT time!
- HIP NUMBERS ARE *REQUIRED FOR ALL RUNNING EVENTS*.
- 8 Places Scored: 10-8-6-5-4-3-2-1
- In all non-distance running events, the fast heat will be the second heat
- Field events at 4:30, Running Events at 5:30
- First field events will be: Boys Discus, Girls Shot, Girls Long Jump, Boys High Jump, Girls Pole Vault
- Throwing implements will be weighed before the meet
- Shot, discus, and long jump will just have four throws/jumps – no final rounds.
- Starting height for boys high jump: 5', starting height for girls high jump: 4'
- Starting height for boys pole vault: 7' (next increment will be 8', then 6" increments thereafter), starting height for girls pole vault: 6'(next increment will be 7', then 6" increments thereafter)
- High jump will go up by 2" increments, pole vault by 6"
- BULLPEN: for all events EXCEPT the 300m hurdles and 200m will be behind the hip number tent at midfield
- HIP NUMBERS TENT: close to the bullpen at the 50 yard line
- MEDALS will be awarded to 1st place, ribbons for 2nd through 8th place
- MEET MEDALIST will be awarded at the end of the meet
- TENTS may be set up behind the home bleachers, in the visitor's bleachers, or on the north end of the stadium toward the top
- BUS PARKING: After dropping you off at the track, buses need to park at our Middle School lot
- RESULTS will be posted on Baums Page Thursday after the meet
- Trainer – our school does not have a trainer this school year
- NO RELAY CARDS – relay substitutions will be done with the clerk
- We will be doing a short senior night ceremony at about 5:15 and the national anthem
- Participating Teams: *Alexander, Eastern Meigs, Huntington, Jackson, Meigs, Oak Hill (boys only), Portsmouth Notre Dame, Southeastern, Southern, Trimble, Vinton County, Waverly, Wellston.*

COMPLETE ORDER OF EVENTS NEXT PAGE



Vinton County Invitational Order of Events
Thursday, May 27th, 2023

4:30	Boys Discus	Four throws (2-2)
	Girls Long Jump	Four Jumps – open pit until 5:30
	Girls Pole Vault	Starting Height: 6'
	Girls Shot Put	Four Throws (2-2)
	Boys High Jump	Starting Height: 5'
	<i>Immediately Following....</i>	
	Girls Discus	Four Throws (2-2)
	Boys Long Jump	Open pit until 6:30
	Boys Pole Vault	Starting Height: 7'
	Boys Shot Put	Four Throws (2-2)
	Girls High Jump	Starting Height: 4'

BREAK – SENIOR NIGHT CEREMONY AND NATIONAL ANTHEM at 5:00

5:30 RUNNING EVENTS

Girls 4x800m Relay
Boys 4x800m Relay
Girls 100m Hurdles
Boys 110m Hurdles
Girls 100m
Boys 100m
Girls 4x200m Relay
Boys 4x200m Relay
Girls 1600m
Boys 1600m
Girls 4x100m Relay
Boys 4x100m Relay
Girls 400m
Boys 400m
Girls 300m Hurdles
Boys 300m Hurdles
Girls 800m
Boys 800m
Girls 200m
Boys 200m
Girls 3200m
Boys 3200m
Girls 4x400m Relay
Boys 4x400m Relay

Awards Presentation