

2016 West Geauga Kurt Frankel Invitational

*The meet will be held on **Friday, April 15, 2016**. We are very excited to bring back our meet as construction last year prevented us from hosting.

**Our facility and equipment have been thoroughly updated, and include a newly resurfaced track, 2 shot put pads/new location, new high jump pit system, and two long jump pits!*

-We will also be using fully automated timing and have plenty of help to keep the night running smoothly.

-We will only be allowing a **maximum of 8 teams**, so please respond ASAP if you are interested.

-We have enclosed a few things to keep in mind for this year's meet.

***Each team may enter up to 2 athletes into each non-relay event.**

4:00pm FIELD EVENTS

Discus/Shot- Flights of 8 (2-2)

Long Jump- open pit for boys and girls

The long jump pits will close at 5:00 (boys) and 6:00 (girls)

High Jump and Pole Vault will continue just as in District competition

Girls HJ will start at 4'2 and be raised by 2" up to 5' where it will be raised by 1" interval

Boys HJ will start at 5' and be raised by 2" up to 6' where it will be raised by 1" interval

Girls Pole Vault will begin at 6' and raised at 6" intervals.

Boys Pole Vault will begin at 8' and raised at 6" intervals.

4:30pm Running Events Semi-Finals:

Girls' 100M Hurdles
Boys' 110 M Hurdles
Girls' 100M
Boys' 100M
4x800m Relay
Girls' 200M
Boy's 200M

The top 2 from each heat, plus the next fastest times to fill all lanes (8) will advance to Finals. In the event of a tie, to advance to the Finals, a run-off will be contested no earlier than 10 minutes from the conclusion of the semi-final event.

***Dinner will be provided for coaches b/w semis and finals.**

5:30pm Running Event Finals:

100M/110 Hurdles
100M
800M Relay
1600M
400M Relay
* 400M (Timed finals)
* 300M Hurdles (Timed finals)
*800M
200M
3200M
1600M Relay
*Events with multiple heats, fastest heat last
Scoring: (6 scoring)

Awards:

-Team Champion and Team Runner-Up trophies will be awarded to the top 2 boys' teams and the top 2 girls' teams.
-In addition, plaques will be awarded for first place, medals for second and third
-Ribbons for fourth, fifth and sixth places.

Thank you,
John T. Boylan & Mike Taurasi
West Geauga Head Track Coaches
Meet Manager - Don Schutz