

Whitmer High School Track & Field

5601 Clegg Drive – Toledo, OH 43613

Dear Coaches,

Welcome to the 47th annual Gold W Invitational!

- Please:** Email me at jelliott@wls4kids.org if you have any questions or concerns.
- Boys' Division:** Anthony Wayne, Bedford, Columbian, Northview, Springfield, St.Francis, St.John, Whitmer.
- Girls' Division:** Anthony Wayne, Bedford, Columbian, Northview, Springfield, St.Ursula, Whitmer.
- Entries:** Entries this year will be done on www.baumspage.com. Entry window opens March 27th at 7:00 AM and closes April 6th at 8:00 PM.
- Scratches:** None online. Running event scratches/changes can be made day of race at coaches' meeting. Field event scratches/changes can be made at each individual field event.
- Coaches' Meeting:** Short meeting in hospitality room south of new concession stand at 3:30.
- Scoring:** Top 6 places score (10-8-6-4-2-1). Field events are 3 person combined height/distance.
- Awards:** A "Gold W Champion" t-shirt is given to each member of the 1st place relay team or individual event winner for each division. A team trophy is given for the team champion in each division.
- Results:** Results and awards may be picked up at the conclusion of the meet in the press box. Meet results will also be sent to the Toledo Blade and will be posted on www.baumspage.com.
- Facilities:** 8 lane track and jump surfaces. ¼ inch pyramid spikes or less only. No chalk for marks. Use half tennis ball for relays. Bring your own batons. Tape may be used for jump marks.
- Field Turf:** Please remind your athletes that food, drinks, and gum are not allowed on field turf!
- T-shirts:** Genuine "Gold W" t-shirts with your school's name on the back for sale at \$10.00 each.
- Concessions:** We will have our concession stand open.
- New for 2017:** We are looking at adding the hammer throw for 2017 Gold W!

Best of luck,

Jeremy Elliott
Head Track & Field Coach
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