

# TIME SCHEDULE

<b>3:45 PM</b>	Pole vault check-in and warm-up may begin
<b>4:00 PM</b>	Coaches' meeting in stadium office All other Field Events check-in and warm-up
<b>4:30 PM</b>	Boys Pole Vault (Girls to follow) Girls High Jump (Boys to follow) Boys Discus (Girls to follow) Girls Shot Put (Boys to follow) Boys Long Jump (Girls to follow) Girls Triple Jump (Boys to follow)
<b>5:30 PM</b>	Girls Distance Medley Relay (800-200-400-1600) Boys Distance Medley Relay (800-200-400-1600)
<b>6:00 PM</b>	Girls Shuttle Hurdles (30") Boys Shuttle Hurdles (36")
<b>6:20 PM</b>	Girls 100 Meter Dash Boys 100 Meter Dash
<b>6:30 PM</b>	Girls 100 Meter Hurdles Boys 110 Meter Hurdles
<b>6:45 PM</b>	Girls 1600 Meter Run Boys 1600 Meter Run
<b>7:00 PM</b>	Girls 4 x 100 Meter Relay Boys 4 x 100 Meter Relay
<b>7:10 PM</b>	Girls 400 Meter Dash Boys 400 Meter Dash
<b>7:20 PM</b>	Girls 300 Meter Hurdles Boys 300 Meter Hurdles
<b>7:35 PM</b>	Girls 200 Meter Dash Boys 200 Meter Dash
<b>7:45 PM</b>	Girls 800 Meter Run Boys 800 Meter Run
<b>8:00 PM</b>	Girls Sprint Medley Relay (100-100-200-400) Boys Sprint Medley Relay (100-100-200-400)
<b>8:10 PM</b>	Girls 4 x 400 Meter Relay Boys 4 x 400 Meter Relay

**TROPHIES PRESENTED. PICK UP RESULTS / T-SHIRTS IN THE PRESS BOX.**