

## TIME SCHEDULE

<b>3:15 PM</b>	Pole vault check-in and warm-up may begin
<b>3:30 PM</b>	Coaches' meeting in stadium office All other Field Events check-in and warm-up
<b>4:00 PM</b>	Blue, Gold Division Pole Vault – continuous rotation Blue, Gold Division High Jump – continuous rotation Blue Division Shot Put (followed by Gold) Gold Division Discus (followed by Blue) Gold Division Long Jump (followed by Blue) Blue Division Triple Jump (followed by Gold)
<b>4:30 PM</b>	Blue & Gold Division Distance Medley Relay (800-400-1200-1600) Blue & Gold Division 3200 Meter Run *(Blue and Gold DMR & 3200 Meter Run will be combined)
<b>6:00 PM</b>	Blue Division Sprint Medley (100-100-200-400) Gold Division Sprint Medley (100-100-200-400) Blue Division 100 Meter Hurdles Gold Division 100 Meter Hurdles Blue Division 100 Meter Dash Gold Division 100 Meter Dash Blue Division 1600 Meter Run Gold Division 1600 Meter Run Blue Division 4 X 200 Relay Gold Division 4 X 200 Relay Blue Division 400 Meter Dash Gold Division 400 Meter Dash Blue Division 300 Meter Hurdles Gold Division 300 Meter Hurdles Blue Division 4 X 100 Meter Thrower Relay Gold Division 4 X 100 Meter Thrower Relay Blue Division 800 Meter Run Gold Division 800 Meter Run Blue Division 200 Meter Dash Gold Division 200 Meter Dash Blue Division Shuttle Hurdles Gold Division Shuttle Hurdles Blue Division 4 X 800 Relay Gold Division 4 X 800 Relay Blue Division 4 X 100 Relay Gold Division 4 X 100 Relay Blue Division 4 X 400 Relay Gold Division 4 X 400 Relay

**TROPHIES PRESENTED. PICK UP RESULTS / T-SHIRTS IN THE PRESS BOX.**