

ATTENTION COACHES :

We are asking for your help to assist us at covering exchange zones for the races below.

Please send one coach to the finish line prior to your race to get a flag. After covering your exchange zone, please return the flag to the finish line.

THANK YOU FOR YOUR HELP IN ADVANCE!

Sprint Medley Relay

Exchange Zone 1

Whitmer
Findlay

Exchange Zone 2

Springfield
Southview

Exchange Zone 3

Officials

4 x 200 Relay

Exchange Zone 1 & 3

Tiffin Columbian
Start

4 x 100 Thrower Relay

Exchange Zone 1

Northview
St. Ursula

Exchange Zone 2

Bedford
Perrysburg

Exchange Zone 3

Officials

4 x 100 Relay

Exchange Zone 1

Defiance
Central

Exchange Zone 2

Toledo Christian
Bowsher

Exchange Zone 3

Officials