

2019 NANCY ERME RELAYS

TIME SCHEDULE

3:15 PM	Pole vault check-in and warm-up may begin
3:30 PM	Coaches' meeting in stadium office All other Field Events check-in and warm-up
4:00 PM	Blue, Gold Division Pole Vault – continuous rotation Blue, Gold Division High Jump – continuous rotation Blue Division Shot Put (followed by Gold) Gold Division Discus (followed by Blue) Gold Division Long Jump (followed by Blue) Blue Division Triple Jump (followed by Gold)
4:15 PM	Blue & Gold Division 3200 Meter Run
4:35 PM	Blue & Gold Division 4x800 Relay
5:00 PM	Blue Division Shuttle Hurdles Gold Division Shuttle Hurdles
5:20 PM	Blue Division 100 Meter Dash Gold Division 100 Meter Dash
5:30 PM	Blue and Gold Division 1600 Meter Run
5:40 PM	Blue Division 4 X 200 Relay Gold Division 4 X 200 Relay
5:50 PM	Blue Division 400 Meter Dash Gold Division 400 Meter Dash
6:00 PM	Blue Division 300 Meter Hurdles Gold Division 300 Meter Hurdles
6:15 PM	Blue Division Sprint Medley (100-100-200-400) Gold Division Sprint Medley (100-100-200-400)
6:25 PM	Blue Division 4 X 100 Meter Thrower Relay Gold Division 4 X 100 Meter Thrower Relay
6:35 PM	Blue Division 4 X 100 Relay Gold Division 4 X 100 Relay
6:45 PM	Blue Division 800 Meter Run Gold Division 800 Meter Run
7:00 PM	Blue Division 200 Meter Dash Gold Division 200 Meter Dash
7:10 PM	Blue & Gold Division Distance Medley Relay (800-400-1200-1600)
7:30 PM	Blue Division 100 Meter Hurdles Gold Division 100 Meter Hurdles
7:45 PM	Blue Division 4 X 400 Relay Gold Division 4 X 400 Relay

AWARDS

Trophies for Team Champions of Each Division
Trophies presented at the 50-Yard Line
T-Shirts for Event Champions
Results & T-Shirts in the Press Box