

**WEST HOLMES KNIGHTS INVITATIONAL  
ORDER OF EVENTS**

**9:00 Field Events:**

- Girls Discus (Boys Discus to follow Girls finals)
- Boys Shot Put (Girls Shot to follow Boys finals)
- Long Jump (Boys AND Girls) Open pit – 9-10:30 – Finals immediately after
- Girls High Jump (Boys High Jump to follow Girls)
- Boys Pole Vault (Girls Pole Vault to follow Boys)

**10:00 Semi-finals (first in each heat and next four fastest times advance to finals)**

1. Girls 200 Meter Dash
2. Boys 200 Meter Dash
3. Girls 4x800 Meter Relay (FINALS ONLY)
4. Girls 100 Meter Dash
5. Boys 100 Meter Dash
6. Boys 4x800 Meter Relay (FINALS ONLY)
7. Girls 100 Meter Hurdles (33")
8. Boys 110 Meter Hurdles (39")

**Brief Officials Break**

**Finals (top right/places will be scored)**

1. Girls 100 Meter Hurdles
2. Boys 110 Meter Hurdles
3. Girls 100 Meter Dash
4. Boys 100 Meter Dash
5. Boys 100 Wheelchair
6. Girls 4x200 Meter Relay (2 heats)
7. Boys 4x200 Meter Relay (2 heats)
8. Girls 1600 Meter Run
9. Boys 1600 Meter Run

10. Girls 4x100 Relay (2 heats)
11. Boys 4x100 Relay (2 heats)
12. Girls 400 Meter Dash (4 heats based on time)
13. Boys 400 Meter Dash (4 heats based on time)
14. Boys 400 Wheelchair
15. Girls 300 Meter Hurdles (30") (4 heats based on time)
16. Boys 300 Meter Hurdles (36") (4 heats based on time)
17. Girls 800 Meter Run
18. Boys 800 Meter Run
19. Boys 800 Wheelchair
20. Girls 200 Meter Dash
21. Boys 200 Meter Dash
22. Girls 3200 Meter Run
23. Boys 3200 Meter Run
24. Girls 4x400 Meter Relay (2 heats based on time)
25. Boys 4x400 Meter Relay (2 heats based on time)