



13th Annual Woodridge High School

Sponsored by: Second Sole Akron

“The Stars of Track & Field”

One More Chance for Greatness



What:

- This meet will serve as a ‘Last Chance’ for those student-athletes that will complete their 2019 Track & Field season. This event will feature up to SEVEN individual entries per team in each event and is open to those athletes that are not entered in their teams’ conference OR district championships. There will be no team awards. Please see our event on baumspace for entry information.

When:

- The meet will begin at 4:00 PM on **Monday, May 6, 2019**. There will be a running schedule of events as follows (please note the 3200 Meter Run will not be contested):

- 4:00 Field Events
 - Boys’ & Girls’ Pole Vault (run together)
 - Girls’ High Jump
 - Boys HJ-after girls complete
 - Boys’ Long Jump (Open Pit Competition – check in by 4:15 – jumps begin at 4:30)... pit closes at 6:30 for boys
 - Girls LJ (Open Pit Competition – check in by 6:15 – jumps begin at 6:30)...pit closes at 8:30 for girls
 - Boys’ Shot Put (followed by girls)
 - Girls Discus (followed by boys)
- 4:00 Running Events (Timed Finals – Girls First in ALL Running Events)
 - 100 Meters
 - 110/100 Meter Hurdles
 - 1600 Meters
 - 400 Meters
 - 300 Meter Hurdles
 - 800 Meters
 - 200 Meters



Where:

- This meet will take place at the Mercer Track at Woodridge High School (4440 Quick Road; Peninsula, OH 44264). **Athletes will only be permitted to use 1/8” pyramid spikes.**

Awards:

- The top 3 individuals in each event will receive an award-winner meet t-shirt (**there will a TWO-SHIRT MAXIMUM for any individual competing**). Meet management will also honor five young men and five young women in the following categories:

- Star Thrower
- Star Sprinter
- Star Hurdler
- Star Jumper (includes vault)
- Star Distance Runner

Entry Information:

- Entry Fees will be \$110 for each team. That is, a maximum of \$220/school. Please contact Jeff Howard (330.928.7420 OR jhoward@woodridge.k12.oh.us) for more information.

Spectator Admission:

- \$6 for adults/ \$4 for students

Coach’s Hospitality:

- ALL pre-registered coaches will receive a hospitality ticket that provides them with a hotdog/piece of pizza and a beverage from the concession stand. Please email coaches names to the address above.