

2021 ANTWERP JH INVITE IMPORTANT NOTES:

COACHES MEETING AT 4:15 AT THE FINISH LINE

FIELD EVENTS START AT 4:30

RUNNING STARTS AT 5:15

PRELIM RACES WILL BE TOP 8 TIMES (100M DASH; 200M DASH;
110 HURDLES)

**NO PRELIM OF 200 HURDLES (TIMED FINAL)

800M DASH IS IN TWO HEATS IN THE MEET PROGRAM BUT
WILL BE RUN AS ONE HEAT

STARTING HEIGHT:

HJ GIRLS: 4'0

HJ BOYS: 4'4

PV GIRLS: 5'0

PV BOYS: 6'0

LONG JUMP WILL BE OPEN PIT

OUR CONCESSION STAND WILL BE OPEN AND T SHIRTS WILL BE
AVAILABLE

\$4.00 ENTRY FEE FOR STUDENT SPECTATORS AND PARENTS