

Avon Middle School Invitational

April 30, 2022

Meet Schedule

FIELD EVENTS –2 participants from each school

9:30 am Field Events Begin

Boys Shot followed by Girls (4 flights, best of 4 throws, no finals **3 participants**)

Girls Disc followed by Boys (4 flights, best of 4 throws, no finals **3 participants**)

Girls HJ followed by Boys

Girls and Boys Combined Pole Vault

Girls Long Jump followed by boys - Pit opens at 9:30 to be concluded by 11:00 warm up prior to 9:30 Boys start at 11:30

RUNNING EVENTS - 2 participants from each school

(All participants **MUST** report to the bullpen (**located at the north end of the track by the flagpole**) for their event and check in with the clerk)

9:15am Coaches Meeting (Scratches Meeting) This will be the last time to change an athlete.

9:30am Field Events Begin
Girls Long Jump Open Pit for 1 1/2 hours followed by boys.
Girls High Jump then **Boys High Jump**
Boys Shot Put then **Girls Shot Put**
Girls Discus then **Boys Discus**
Boys and Girls Pole Vault (**Combined**)

10:30am Running Events: No prelims, all heats will be seeded by time.

Finals

Girls - 4x800m Relay (2 heats seeded by times)
Boys - 4x800m Relay (2 heats seeded by times)

Girls – 100m Hurdles (4 heats seeded by times)
Boys – 110m Hurdles (4 heats seeded by times)

Girls – 100m Dash (4 heats seeded by times)
Boys – 100m Dash (4 heats seeded by times)

Girls- 1600m (2 heats seeded by times)
Boys- 1600m (2 heats seeded by times)

Girls – 4 x 100 Relay (2 heats seeded by times)
Boys – 4 x 100 Relay (2 heats seeded by times)

Girls – 400m Run (4 heats seeded by times)
Boys – 400m Run (4 heats seeded by times)

Girls – 4 x 200 Relay (2 heats seeded by times)
Boys – 4 x 200 Relay (2 heats seeded by times)

Girls – 200m Hurdles (4 heats seeded by times)
Boys – 200m Hurdles (4 heats seeded by times)

Girls – 800m (2 heats seeded by times)
Boys – 800m (2 heats seeded by times)

Girls – 200m Dash (4 heats seeded by times)
Boys – 200m Dash (4 heats seeded by times)

Girls – 4 x 400 Relay (2 heats seeded by times)
Boys – 4 x 400 Relay (2 heats seeded by times)

Coaches please pick up awards in the press box. Medals will be given out for places 1st - 3rd.

Please contact Scott Lanham (Avon Middle School Athletic Director) with any questions or concerns at lanhams@avoneagles.org or 1-440-320-6778

Avon Middle School Invitational

Site: Mark Wahlberg Stadium at Avon Early Learning Center
3075 Stoney Ridge Road
Avon, Ohio 44011

<http://www.baumspage.com/ohsaa/tf/jhstate/>

This Meet will be a qualifier for the OHSAA MS 7th and 8th Grade State Championships

ENTRY FEE: \$150 (team fee). \$300 for boys and girls. Make checks payable to: Avon High School Athletic Department.

IMPORTANT DATES: All unpaid entrance fees \$150.00 (Mail to Avon High School)

- [Online Entry Form](#)
 - **Entry window opens: Tuesday, 03-08-2022, 8:00 PM**
 - **Entry window closes: Friday, 04-29-2022, 1:00 PM**
 - **Scratch/Substitutions: None online**

Scratch/Substitutions due:

All Substitutions for field events and open races are to be turned in to the meet director no later than 9:00 am on Saturday morning. It will be a straight substitution, no reseeding will be done. Any athlete that is scratched from a field event or open race, will be scratched for the entire meet. There are substitutions for relays. Those will be done at the starting line. Substitution names must be on the relay cards.

COACHES MEETING: Scratch meeting 9:15 am at the Finish Line

RESULTS: Results will be available upon the completion of the meet on Baumspage.

SCORING: We will score the top 8 places in all events: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1.

ADMISSION: Adults, Seniors, Students \$5.00. Tickets can be purchased online **ONLY** and will be available for purchase on April 29, 2022 at the following site. No cash sales will be available at the gate. We will have QR Codes at all entry points that will allow guests to purchase individual tickets online, via their mobile device, at the game.

<https://avonlocalschools.hometownticketing.com/embed/all>

TEAM AREAS: Teams will set up camp behind the visitor's bleachers on the east side of the stadium. Team camp areas will be marked. Buses will drop off at the north entrance of the stadium by the baseball field.

Seeding: Will be based on entry times. **PLEASE have some coaching integrity and enter truthful and accurate times.** I reserve the right to adjust times if unrealistic times are entered. If you are entering a hand time for sprint events add .24 to the time as that is the appropriate conversion to FAT.

PARKING: Buses will park at the back of the Stadium North lot, closest to the baseball batting cages. There will be an attendant for directions. Parking in the Field West of the Discus Area will be permitted if we have dry weather.

Concession stand will be open

FIELD EVENTS: Two (2) competitors in each event. **Shot and Disc 3 competitors**

GIRLS HIGH JUMP: (3-7, 3-10, 4-1, 4-3, 4-5, 4-7, followed by 1 inch)

BOYS HIGH JUMP: (4-9, 4-11, 5-1, 5-3, 5-5, 5-7 followed by 1 inch)

GIRL'S DISCUS & SHOT: 4 Throws. All Finals. (throw 2-2)

BOY'S DISCUS & SHOT: 4 Throws. All Finals. (2-2)

COMBINED LONG JUMP: 4 Jumps. All Finals. Open Pit. (MUST be completed by 11:00)

COMBINED POLE VAULT: 6'1", 6'7", 7'1", 7'7", 8' 1", 8'7", 9'1" Once the vault is down to 3 competitors, they will be able to go up by any increment.

The ten-minute rule will be encouraged.