

**2023 CHAGRIN DIVISION
MIDDLE SCHOOL TRACK & FIELD COACHES & AD's**

FROM:

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Perry Local Schools Athletic Dept.

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SUBJECT: **CVC Middle School Chagrin Division Track & Field Championships**

Monday, April 24, 2023

@ Alumni Stadium, Perry HS, One Success Blvd., Perry, OH 44081

4:30 Field events begin (Coaches meeting at 4:15)

5:00 Running events begin

COMPETING SCHOOLS - CHAGRIN DIVISION: Chagrin Falls, Edgewood, Geneva, Heritage, Lakeside, Orange, Perry, West Geauga

1. Entries for all teams will be online. We will use Baum's Page, please go to Baumspage.com to enter your athletes. Athletes not listed on Baum's Roster page will not be able to participate after the entry window closes.

Each school will enter two (2) athletes in all field and running events and one (1) relay team in relay running events. See list of events below for list of events.

2. **IMPORTANT DATES:**

1. Window will open on Wednesday, April 19
2. Entry will close on Sunday, April 24 at **3:00 pm**
3. Scratch window will close on Monday, April 25 at **10:00 am.**
3. Each field event participant will get 4 jumps/throws total. No prelims.
4. Long jump will be an open pit.
5. **NO TAPE WILL BE USED FOR ANY MARKERS!** Tennis balls or tongue depressors can be used for relays.
6. Results of the meet will be posted on Baumspage.com
7. No relay cards will be used. Use the scratch sheets to make any changes to the relays.
8. Site Manager and Email are as follows:
 1. TJ Rockwell rockwellt@perry-lake.org 440-867-1963 cell

9. Hy-tek will automatically seed each event based on times submitted. There will be no prelims for any running events. All running events will be timed finals.
10. Fully automated timing (FAT) systems will be used.
11. Event results will be posted directly underneath the press box (behind home stands)
12. Scoring
 2. Individual Events - (8 Teams) 8 Score - 10,8,6,5,4,3,2,1
 3. Relay Events - 6 score - 10,8,6,4,2,1

The CVC schools listed below will be responsible for supervising the following track and field events for Monday, April 25. Each of the above schools will need to provide **2 adults** to help run the event. Field Event sheets will be provided for all workers. PLEASE HAVE ADULT HELPERS (no kids). Equipment to run the event will be provided.

We sincerely thank you for your assistance:

<u>EVENT</u>	<u>SCHOOL</u>
HURDLES & X CHANGES	PERRY
HIGH JUMP	CHAGRIN FALLS
DISCUS	GENEVA and LAKESIDE
SHOT	EDGEWOOD and WEST GEAUGA
LONG JUMP	ORANGE and HERITAGE

Athletes are not to wear spikes in the bleachers or school building.

SPIKES: 1/8" PYRAMIDS

RESTROOMS: Located on both home and away bleachers (underneath bleachers)

*CONCESSIONS AND SOUVENIR SHIRTS WILL BE AVAILABLE FOR PURCHASE

FIELD EVENT FINALS: 4:30

Workers should be at their assigned field event area no later than 4:15 pm, so athletes can warm up. Student-athletes will be given adequate time for safe and effective warm ups. However, we wish to start field events by no later than 4:30pm. Each field event participant gets 4 throws/jumps.

GIRLS followed by BOYS SHOT PUT

BOYS followed by GIRLS DISCUS

BOYS followed by GIRLS HIGH JUMP

GIRLS followed by BOYS LONG JUMP (Long jump is open pit)

***Athletes should wait till the 2nd call to check out for a running event.**

RUNNING EVENTS: 5:00

GIRLS 4x800M RELAY

BOYS 4x800M RELAY

GIRLS 100M HURDLES

BOYS 110M HURDLES (5 minutes until the 100 meter dash event)

GIRLS & BOYS 100M DASH

GIRLS & BOYS 4x200M RELAY

GIRLS & BOYS 1600M RUN

GIRLS & BOYS 4x100M RELAY

GIRLS & BOYS 400M DASH

GIRLS & BOYS 200M HURDLES

GIRLS & BOYS 800M RUN

GIRLS & BOYS 200M DASH

GIRLS & BOYS 4x400 RELAY

*** Bull pen located off to the side the 100m start line**