

**2019 Howard Parker Middle School
Track and Field Invitational
Friday, May 3, 2019**

Order of Events

4:30 P.M. Field Events

Girls Shot Put
Boys Discus
Boys High Jump
Boys and Girls Long Jump simultaneous open pit
Girls Discus, Boys Shot Put, and Girls High Jump will follow immediately after completion of each event above.

5:30 P.M. Running Events

Girls 100 m Hurdles
Boys 110 m Hurdles
Girls 100 m Dash
Boys 100 m Dash
Girls 1600 m Run
Boys 1600 m Run
Girls 4 x 100 m Relay
Boys 4 x 100 m Relay
Girls 400 m Dash
Boys 400 m Dash
Girls 4 x 200 m Relay
Boys 4 x 200 m Relay
Girls 200 m Hurdles
Boys 200 m Hurdles
Girls 800 m Run
Boys 800 m Run
Girls 200 m Dash
Boys 200 m Dash
Girls 4 x 400 m Relay
Boys 4 x 400 m Relay