2025 LARRY KOHRING EASTWOOD MIDDLE SCHOOL RELAYS

*Girls 49th Annual * Boys 53rd Annual*

Eastwood Middle School **Athletic Department** **Fax: 419- 833-7454**
4800 Sugar Ridge **Pemberville, OH 43450** **Phone: 833-6011**

Friday, May 2, 2025

Time/Place: 3:30 Workers Meeting
3:45 Coaches Meeting Please meet in the garage under press box **by 3:45pm**
4:15 Girls Vault Begins
4:30 Field Events
5:30 Running Events

Events: All events are relays. Enter 3 in each field event and 4 in each running event. See next page for details on each event.

Scoring: First six places (10-8-6-4-2-1)

Awards: Individual Medals for 1st, 2nd and 3rd; Individual Ribbons for 4th, 5th and 6th places. Trophies will be awarded to the boys and the girls team champion and the team runner-up at the conclusion of the 1600m relay in front of the stands. Individual awards and final results will be given to the coaches before leaving.

Entry Fee: The entry fee is $150 per team. Please make checks payable to Eastwood M.S.

Entry Sheets: All entries will be entered on BAUM'S PAGE. Coaches can start entering athletes today and the entry window closes **Thursday May 1, at 8:30 pm**.
Scratches will be made in the press box Friday.

Participants: Bellevue, Eastwood, Fostoria, Fremont, Genoa, Lake, Oak Harbor, Rossford.
Latest O.H.S.A.A. rules.

Placing: The first six places will be timed using stopwatches and the FAT (Fully Automated Timing)

Equipment: You will need to bring your own shots, discus, and pole vault poles. 1/8 " or ¼" spikes are to be used on the track surfaces.

Concessions: Concessions will be available during the meet for the athletes and fans. A hospitality room will be provided for the coaches.

T shirts: Relay T-shirts should be available for sale the day of the meet for $15.00.

Reporting: **Please inform athletes of this procedure.** The entire relay team should report to the flagpole, near the start of the 100m, when the preceding race goes to the start line. The clerk will then place the teams in the proper lanes and send them to their proper exchange zones.

Athletes: Team camps may be set up anywhere outside the track or use the bleachers. Please clean up your area and properly dispose of trash before leaving. A garbage bag will be provided. Please keep the start/finish area clear. Your cooperation is greatly appreciated!!

Workers: **One adult from each school** will be needed to help supervise the exchange zones.

- Zone 1 Rossford, Bellevue, and Fremont
- Zone 2 Fostoria and Eastwood, and Lake
- Zone 3 Genoa and Oak Harbor

Bus Parking: Due to the large numbers of busses expected for the relays, we are asking each school to park in the parking lot west of the high school. Use the driveway on Luckey Rd

Admission: Adults - $6.00 Students and Senior Citizens - $4.00
The admission will be CASH ONLY. Please share this with your parents. The only gate that will be open is the main gate by the concession stand. All visitors and athletes will enter and exit through this gate.

SCHEDULE OF EVENTS

4:15 P.M. GIRLS POLE VAULT

4:30 P.M.

GIRLS SHOT PUT RELAY / BOYS to follow (4 Throws)
BOYS DISCUS THROW RELAY / GIRLS to follow (4 Throws)
GIRLS and BOYS HIGH JUMP RELAY (2 Pits)
BOYS LONG JUMP (1 hour open pit)/ GIRLS to follow - 1 hour open pit each (4 Jumps)
GIRLS POLE VAULT RELAY / BOYS to follow

5:30 P.M.

1. GIRLS 400 M. SHUTTLE HURDLES (4 X 100)
2. BOYS 400 M. SHUTTLE HURDLES (4 X 110)
3. GIRLS 3200 M. RELAY (4 X 800)
4. BOYS 3200 M. RELAY
5. GIRLS 400 M. RELAY (4 X 100)
6. BOYS 400 M. RELAY
7. GIRLS 1600 M. SPRINT MED. RELAY (200-200-400-800)
8. BOYS 1600 M. SPRINT MEDLEY RELAY
9. GIRLS 800 M. SPRINT MED. RELAY (100-100-200-400)
10. BOYS 800 M. SPRINT MEDLEY RELAY
11. GIRLS DISTANCE MEDLEY RELAY (800-400-1200-1600)
12. BOYS DISTANCE MEDLEY RELAY
13. GIRLS 800 M. RELAY (4 X 200)
14. BOYS 800 M. RELAY
15. GIRLS 1600 M. RELAY (4 X 400)
16. BOYS 1600 M. RELAY