

Schedule for 2022 GLC Middle School Championship

Tuesday 5/10/22

Scoring 10-8-6-5-4-3-2-1

4:30 Field Events

Shot: girls followed by boys (4 attempts, 2 and 2) flights seeded by distance shortest to farthest
Discus: boys followed by girls (4 attempts, 2 and 2) flights seeded by distance shortest to farthest
Girls HJ: opening height 3-10
Boys LJ: sections seeded by distance shortest to farthest - 3 attempts no finals
Pole Vault: girls followed by boys opening height 5-0 and 6-0

5:30 Running Events

Girls 4 x 800 FINAL

Boys 4 x 800 FINAL

Girls 100 Hurdles 3 heats, top 2 from each heat plus next two fastest times (if 2 heats, top 3 plus next two fastest times)

Boys 110 Hurdles 3 heats, top 2 from each heat plus next two fastest times (if 2 heats, top 3 plus next two fastest times)

Girls 100 3 heats, top 2 from each heat plus next two fastest times

Boys 100 3 heats, top 2 from each heat plus next two fastest times

Girls 400 3 heats, top 2 from each heat plus next two fastest times

Boys 400 3 heats, top 2 from each heat plus next two fastest times

Girls 200 Hurdles 3 heats, top 2 from each heat plus next two fastest times (if 2 heats, top 3 plus next two fastest times)

Boys 200 Hurdles 3 heats, top 2 from each heat plus next two fastest times (if 2 heats, top 3 plus next two fastest times)

Girls 200 3 heats, top 2 from each heat plus next two fastest times

Boys 200 3 heats, top 2 from each heat plus next two fastest times

Thursday 5/12/22

4:30 Field Events

Boys HJ: opening height 4-2

Girls LJ: sections seeded by distance shortest to farthest - 3 attempts no finals

5:30 Running Events (ALL FINALS)

Girls 100 Hurdles

Boys 110 Hurdles

Girls 100

Boys 100

Girls 1600

Boys 1600

Girls 4 x 100

Boys 4 x 100

Girls 400

Boys 400

Girls 4 x 200

Boys 4 x 200

Girls 200 Hurdles

Boys 200 Hurdles

Girls 800

Boys 800

Girls 200

Boys 200

Girls 4 x 400

Boys 4 x 400