



**2018**  
**Heritage Middle School Relays**



**Date: Saturday, May 5, 2018**

**Location: Jack Britt Memorial Stadium  
301 Latimore Street  
Painesville, Ohio 44077**

**Cost: \$200 per school (\$100 per team)**

- **Checks payable to: Harvey Athletics**
- **Mail payment to: Harvey High School  
C/O Athletic Office  
200 W. Walnut Street  
Painesville, Ohio 44077**

**Subject: Meet Information**

**1. Participants**

<b>Girls</b>	<b>Boys</b>
<b>Beachwood</b>	<b>Beachwood</b>
<b>Chagrin Falls</b>	<b>Chagrin Falls</b>
<b>Chardon</b>	<b>Chardon</b>
<b>Cleveland Heights</b>	<b>Cleveland Heights</b>
<b>Heritage</b>	<b>Heritage</b>
<b>Jefferson</b>	<b>Jefferson</b>
<b>LaMuth</b>	<b>LaMuth</b>
<b>Perry</b>	<b>Perry</b>
<b>Rocky River</b>	<b>Rocky River</b>
<b>Wickliffe</b>	<b>Wickliffe</b>

## **2. Time schedule**

- a. 8:45 am. Coaches meeting will be held at the 50 yard line**
- b. All field events will begin at 9:00 am.**
  - i. Shot Put (2 member team) - Boys first then Girls to follow**
    - 1. 3 attempts**
  - ii. Discus (2 member team) - Girls first then Boys to follow**
    - 1. 3 attempts**
  - iii. High Jump (2 member team)**
    - 1. Boys first then Girls to follow**
      - a. Boys start at 4'6"**
      - b. Girls start at 4'0"**
  - iv. Long Jump (2 member team)**
    - 1. Girls open pit: 9:00 am - 10:15 am (3 attempts)**
    - 2. Boys open pit: 10:15 am -11:30 am (3 attempts)**
  - v. Running events will begin at 10:00 and continue on a rolling time schedule. Girls will always compete before the Boys.**
    - 1. 4 x 100 Meter Shuttle Hurdles (Height at 30")**
    - 2. 4 x 800 Meter Relay**
    - 3. 4 x 100 Meter Relay**
    - 4. 4 x 200 Meter Relay**
    - 5. Distance Medley (400-800-800-1600)**
    - 6. Sprint Medley (100-100-200-400)**
    - 7. 4 x 400 Meter Relay**

## **3. Scoring/Results and Awards and Results**

- a. We will be posting event scoring/results at the pressbox**
- b. Final results will be announced over the PA system. Individual awards will be given to the top 3 places in each event. We will present these awards to the athletes on the field at the 50 yard line.**
- c. Results of the meet will be posted on baumspage.com. Any questions or comments please call Heidi at 440-409-1883 or email at huffyfe123@live.com**
- d. Each first and second place girls and boys team will receive a trophy. Trophies will be presented to these teams at the 50 yard line once scoring is complete.**

#### **4. Team Areas**

- a. Team camp areas are to be set up under the home bleachers or around the visitor bleacher areas. Please do not set up in front of the long jump or pole vault pits as this will be distracting to the competitors. You may also set up on the grass practice field.**
- b. Absolutely no camps in the locker rooms or any portion of the track/football field.**

#### **5. Team Announcements/Coaches Reminders**

- a. Admission will be \$4.00 for adults and \$2.00 for students**
- b. A certified trainer will be at the event. Drinking water and ice for injuries will be available.**
- c. No throwing of objects in the stadium. (i.e. footballs, frisbees, tennis balls)**
- d. Coaches and non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.**
- e. Concessions will be available.**
- f. No food or drink (except water) is permitted on the track or field area.**
- g. Public restrooms are available and are located to the left of the concession stand.**
- h. All spiked shoes must be removed prior to entering the locker rooms or restrooms.**
- i. All relay teams must report to the clerk of course by the second call.**
- j. All track spikes must be 1/4 inch in length or less. This will be checked.**
- k. Athletes' uniforms need to match for relay events.**
- l. No tape on the track.**
- m. A light lunch will be provided for coaches and volunteers.**
- n. Souvenir t-shirts will be available for purchase.**