

Raider Jr. High Track & Field Invite
April 16, 2021

Schedule of Events

Field Events 4:30pm

Boys Shot Put followed by Girls Shot Put (4 throws, no finals)

Girls Discus followed by Boys Discus (4 throws, no finals)

Boys Long Jump followed by Girls Long Jump - 4 jumps, no finals

Girls High Jump followed by Boys High. ***Starting heights will be determined after seeding.***

Boys Pole Vault followed by Girls Pole Vault. ***Starting heights will be determined after seeding.***

Running Events:

(Top 8 Times To Finals)

5:00pm

Semis 5:00 Girls 100m Hurdles (3 heats)

5:10 Boys 110m Hurdles (3 heats)

5:25 Girls 100m Dash (3 heats)

5:30 Boys 100m Dash (3 heats)

REQUIRED BREAK

5:50 Girls 200m Dash (3 heats)

6:00 Boys 200m Dash (4 heats)

Finals: 20 minutes after last semifinal.

Finals: 6:20 Girls 100m Hurdles

6:30 Boys 110m Hurdles

6:35 Girls 100m Dash

6:40 Boys 100m Dash

6:45 Girls 1600m Run

6:55 Boys 1600m Run

7:05 Girls 4 x 100m Relay (2 heats)

7:15 Boys 4 x 100m Relay (2 heats)

7:25 Girls 400m Dash (3 heats)

7:35 Boys 400m Dash (3 heats)

7:45 Girls 4 x 200m Relay (2 heats)

7:55 Boys 4 x 200m Relay (2 heats)

8:10 Girls 200m Hurdles (3 heats)

8:20 Boys 200m Hurdles (3 heats)

8:30 Girls 800m Run (2 heats)

8:40 Boys 800m Run (2 heats)

8:50 Girls 200m Dash

8:55 Boys 200m Dash

9:00 Girls 4 x 400m Relay (2 heats)

9:10 Boys 4 x 400m Relay (2 heats)

Times are approximate. We will run events early if we are ahead of schedule.