

Raider Jr. High Track & Field Invite
April 14, 2022

Schedule of Events

Field Events 4:30pm

Boys Shot Put followed by Girls Shot Put (4 throws, no finals)

Girls Discus followed by Boys Discus (4 throws, no finals)

Boys Long Jump followed by Girls Long Jump - 4 jumps, no finals

Girls High Jump followed by Boys High. **Starting heights will be determined after seeding.**

Boys Pole Vault followed by Girls Pole Vault. **Starting heights will be determined after seeding.**

Running Events: Start at 5:00pm Finals to follow right after semi finals

(Top 8 Times To Finals)

Girls 100m Hurdles

Boys 110m Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 200m Dash

Boys 200m Dash

Finals:

Girls 4x800m Relay

Boys 4x800m Relay

Girls 100m Hurdles

Boys 110m Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 1600m Run

Boys 1600m Run

Girls 4 x 100m Relay

Boys 4 x 100m Relay

Girls 400m Dash

Boys 400m Dash

Girls 4 x 200m Relay

Boys 4 x 200m Relay

Girls 200m Hurdles

Boys 200m Hurdles

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 4 x 400m Relay

Boys 4 x 400m Relay